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Quarterly Newsletter
**Body Mind & Spirit
International
Healing Federation**
www.bmsihf.co.uk



BAHA

BMS-IHF is a member of BAHA - British Alliance of Healing Associations, Registered charity No. 284546

WINTER 2017

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Information orientated
education makes a man a
computer, whereas
transformation oriented
education makes him a
composer
(Sai Baba)

VIENNA



Eva Pohn, Leader
0043 (0)699-125 90 614



Elisabeth Sonleitner
0043 -(0)676 324 47 70

A very successful
COURSE WLI/I
took place on
Oct 14/15 & 21/22

Contacts: Eva or
Elisabeth

MEDITATION
1st Tuesday monthly
Eva & Elisabeth

Look to this day, for
it is life; the very life
of life.

Within its brief span lie
all the verities and
realities of your
existence. The bliss of
growth; the glory of
action; the splendour of
beauty. Yesterday is but
a dream; tomorrow is
but a vision. But today
well lived makes every
yesterday a dream of
happiness and every
tomorrow, a vision of
hope.

Look well therefore to
this day – such is the
salutation of the Dawn.
(Sanskrit 1500 BC)

AUGSBURG



**VERY SUCCESSFUL
COURSES HELD 2017:**

WLI/I: Nov. 4/5, 18/19
WLI/III Oct. 7/8, 21/22

Contact: Walter
Scheiblhuber

0049 - (0)821-29 72 439

MEETINGS:

1st & 3rd Thursdays
Anna E Wunsch
0049 - (0)821 - 43 15 00

Walter very kindly translates
these UK Link Newsletters
into the German language.
See: www.bmsi-eu.net

For the New Year:

You must be the
change you want to
see in the world.

As human beings,
our greatness lies
not so much as being
able to remake the
world – that is the
myth of the atomic
age – as in being
able to reshape
ourselves.

If you change how
you think, then you
will change how you
feel and what
actions you take.
(Ghandhi)

EU COURSES



HELD IN VIENNA:
SEPT 22-24 2017

Ulrike

Weissenbacher:
(From BRUSSELS)
Mobile: +32 476
426661

conducted a very
successful advanced
2.5 day workshop, for
BMS-IHF healers who
had already attended
WLI courses I- IV
contacts:
see Vienna column

**For Christmas:
What is 'The
Christmas Spirit'?**

Is it buying
presents, decorating
homes? No, it is the
spirit of giving and
of doing something
positive. So many
around us need a
word of kindness.
So forget ourselves
and what we might
receive, and instead
concentrate our
efforts on what we
can give to
others....of our
material goods, our
time, ourselves.

Then, we shall
possess 'The
Christmas Spirit'.

(Norman Vincent Peale)

UNITED KINGDOM



William Lambert

**UK CONTACTS:
SEE TRUSTEES
COLUMN**

**CHRISTCHURCH
ANGELA SAVAGE
GLASTONBURY
ALAN CARTER**

**HADDENHAM
LIZ TREGONING**

**RUDGWICK
DIANE CLARKE**

**RUSTINGTON
PENNY NICHOLS**

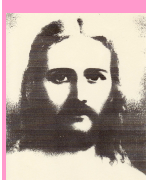
If there is
righteousness in
the heart, there
will be beauty in
the character.
If there is beauty
in the character,
there will be
harmony in the
home.
If there is
harmony in the
home, there will
be order in the
nation.
If there is order
in the nation,
there will be
peace in the
world.

(Confucius)

Let us all pray
that the unsettled
times of the birth
of the New Age
may soon pass -
and that Peace
may prevail in our
troubled world.
(William)



DO YOU SEE THE PARALLELS IN THE TIMELESS TEACHINGS OF JESUS AND SAI BABA?



"Anyone who hears these
words of mine and obeys them
is like a wise man who built
his house on rock. Anyone
who does not obey is like a
foolish man who built his
house on sand." (Jesus)



"I want that you should all build
houses for happy living. I do not
mean houses of brick and mortar,
but houses of good thoughts,
words, deeds and good company.
Then, I do not need even an
invitation to come." (Sai Baba)

WITH LOVING SEASONS GREETINGS FOR CHRISTMAS AND THE NEW YEAR, William



CAUSE AND CONSEQUENCE

We sow the seed of thought and reap the fruit of action; we sow the seed of action and reap the fruit of nature; we sow the seed of nature and reap the fruit of character; we sow the seed of character and reap the fruit of destiny.

It is evident from this that our destiny rests on our thoughts.

For man's rise, and man's fall, the thoughts are the cause.

Thoughts can lead us into dungeons of darkness and also into illuminated halls. Thoughts are the very vital breath of man. It is by harbouring the evil thoughts of hatred, envy, anger and ego that man brings his own downfall.

Man harbours evil thoughts to harm his fellow men. But the harm that he does to his fellow man boomerangs on himself with all its power and strength. By abusing, hurting and scandalising his fellow men, man is in fact abusing, criticising, hurting and scandalising the Lord himself.

As is the thought, so is the consequence.

As is the feeling, so is the result. Utterly ignorant of the power of the mind and its might, we underestimate the supreme importance of the mind.

Our whole life rests on the mind.

We should make earnest efforts to understand the power of the mind.

(Sri Sathya Sai Baba)

YOUR MEMBERSHIP & INSURANCE EXPIRED ON 31.3.17. WE HOPE YOU WILL RENEW!

Subscriptions + Insurance are due 1st April.

If not paid, it is illegal to display a BMS-IHF certificate

	Subs	Ins.
Full Contact Healer	£22.00	+ £5.27
Distant Healer	£22.00	+ £5.27
Trainee Contact Healer	£22.00	+ £5.27
Trainee Distant Healer	£22.00	+ £5.27
Practitioner/Therapist	£22.00	+ Own ins.
Friend Member	£10	Nil ins
Initial Registration	£8	

For Multi-therapy insurance, contact Balens direct

Please send Cheques to the Subscriptions Secretary, payable to BMS-IHF.

A BLESSING FOR LOVED ONES for Christmas....and always....

Even though I cannot be with you,
even though I cannot see you or talk with you,
I am as close to you as a thought.
I am as near to you as the love I feel
for you in my heart.

Whenever I think of you, I bless you,
and my love encircles you,
though the ends of the earth may separate us.
I do not worry about you.

I know that the Lord is watching over you,
that God is your health, your strength,
your source of supply, your happiness,
and your peace of mind.

Wherever you are, God is;
wherever I am, God is.

God is watching over us while we are absent
one from the other
and making us know

that we are forever "One with Spirit".

(A loving contribution from Christa Schuierer, my previous organiser for 10 years in Augsburg, Germany),

"The Lord watch between you and me when we are absent, one from the other" (Gen. 31:49)

BMS-IHF complies with the Consumer Protection Regulations 26.5.08
Our members strictly abide by BAHA Code of Conduct (updated 27.10.12)
& the NEW CORE CURRICULUM FOR HEALING, published June 2017.

REMINDER:

Those who possess our full Healer's Certificate are eligible to apply for CNHC Registration which is accepted by the NHS for our healers who wish to work in hospitals, doctors' surgeries, hospices, etc. CNHC Registration is also seen as being accredited by the Professional Standards Authority (Good Medical Practice) that is a governing body recognised by the GMC. To complete a Request to Register, apply to: <https://www.cnhc.org.uk/assets/pdf/2-148.pdf> (CNHC is the Govt. approved Complementary & Natural Healthcare Council)

Our healers balance energies so as to encourage beneficial changes in the Physical, Emotional, Mental and Spiritual states.

In every culture and in every medical tradition before ours, healing was accomplished by moving energy. (Albert Szent-Gyargyi, Nobel Laureate in Medicine)

THE DATA PROTECTION ACT

THE BMS-IHF COUNCIL & BMSI COMMITTEES WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, OTHER HEALING ORGANISATIONS e.g. BAHA, UKH or CHO..

BMS-IHF Registration Number is PZ656262X

Please visit our websites for links to our German and other healing organisations' activities: www.bmsihf.co.uk & www.bmsi-en.net

(A meditation, partly adapted from a short article by Robert Service, Anglo-Canadian author).

First, prepare yourself by forgetting your daily life activities and problems. Begin with your usual breathing exercises.

Then, go into your heart centre and listen, listen and listen in your heart, and contemplate on the following :-

"Let us adopt the slow pace of Nature, and go for a walk in the forest, for Nature brings deep comfort and joy. Let us be eager to be pleased; grateful for every gleam of sunshine, for are we not Nature's children, born from her bosom?"

Let us try, if it so pleases us, to understand her with the minds of sages – but let us enjoy her with the hearts of children, as we walk in the forest and touch the trees, smell the flowers, and watch the wildlife – birds – insects – squirrels – rabbits – and breath in deeply the fresh country air that is everywhere – for the air is the very Life Force and breath of God that sustains us.....without which we cannot live.

And now with the setting sun, and the earth radiant all around us, it is time to seek our quiet home. With thankful eyes and grateful hearts, let us rejoice that it has been granted to us to live the length of our years in a world of beauty....to understand much, to divine much, to come at last through pleasant paths to peace and understanding.

So with our last gaze, let us face the serene sunset, feeling contentment to have played our part in the Game of Life upon Earth. So Be It. (William)

ALL MEN ARE CELLS IN THE ONE DIVINE ORGANISM, IN THE ONE DIVINE BODY

(Sri Sathya Sai Baba)