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Quarterly Newsletter
**Body Mind & Spirit
International
Healing Federation**
www.bmsihf.co.uk



BAHA

BMS-IHF is a member of BAHA - British Alliance of Healing Associations, Registered charity No. 284546

SUMMER 2015

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Ms Kirsty von Bock
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*Man,
tread softly on the
Earth.
What looks like dust
Is also the stuff of
which galaxies are
made.
(from "The Glory which
is Earth"
by Evelyn Nolt.*



Beatrice Widder
13.6.1956 – 15.2.15
*late Leiterin of BMSI-
Hauptzentrum Wien, Austria
Sadly and greatly missed by
all who knew her.*

*-----oOo-----
The future of the our
extensive EU programme
2015 has still not yet been
fully rearranged.*

*-----o0o-----
Meditations are held in
VIENNA by: Eva Pohn
& Elisabeth Sonnleitner*

*-----o0o-----
Weekly meetings are held in
AUSBURG/FREIDBURG
Contact: Anna E Wunsch*

*A course in Spiritual
Psychotherapy, WLI/I will be
offered by the AUGSBURG
group later in the year, as
originally planned by
Beatrice.
Contact: Walter Scheiblhuber
0049 - (0)821-29 72 439*

**Eva Pohn is our new Leiterin of
BMSI-Hauptzentrum, WIEN.**



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ANNOUNCEMENTS

**Administration:
contact William
Lambert, see
Trustees
column**

**TRAINING:
FOR HORSHAM
& DISTRICT:
WILLIAM
LAMBERT**

**GLASTONBURY
& DISTRICT:
ALAN CARTER**

**FOR CANCER
SUPPORT,
ANGELA SAVAGE**

**(DETAILS ARE
IN TRUSTEES
COLUMN)**

**FOR EU
PROGRAMME,
CONTACT
www.bmsi-eu.net
EVA POHN,
WIEN
or ANNA
E. WUNSCH
AUGSBURG**

**Our ANNUAL
SUMMER MEAL
Will take place
on SUNDAY
21.6.15,
in STOOKS
RESTAURANT
RH12 3LN
CONTACTS:
Jenny Jones
01403 266800,
Valerie Jennings
or William
01403 255 025**

DO YOU SEE THE PARALLELS IN THE TEACHINGS OF SAI BABA AND JESUS ?



**If one of you wants to
be great, he must be
the servant
of the rest.**

(Jesus)



**Service without idea of self
is the very first step in the
spiritual progress
of mankind.**

(Sri Sathya Sai Baba)



We must have perseverance and above all confidence in ourselves. (Marie Curie)



It is the destiny of man to journey from humanity to Divinity.

In this pilgrimage, he is bound to encounter various obstacles and trials. In order to illumine the path and help him to overcome these troubles, sages, seers, realized souls, Divine personalities and incarnations of God take birth in human form. They move among the afflicted and the seekers who have lost their way or strayed into the desert, and lead them into confidence and courage. Certain personalities are born and live out their days for this very purpose.
(Sri Sathya Sai Baba)

The Prayer

*“I pray you’ll be my eyes and watch me where I go.
Help me to be wise, in times when I don’t know
Let this be my prayer.
As I go on my way.
Lead me to a place, guide me with your grace
to a place where I’ll be safe.
I pray I’ll find your light and hold it in my heart.
When stars go out each night,
You are an everlasting star.
Let this be my prayer.
When shadows fill my day
Lead me to a place, guide me with your grace,
Give me faith so I’ll be safe.
I ask that life be kind and watch me from above
Just like every child needs to find a place,
Guide me with your grace.
Give me faith so I’ll be safe.”*

(words taken from a song by the blind singer Andrea Bocelli, contributed by member Liz Tregoning)

Move out of your little puddle and expand your consciousness, realising that there is no limitation. Many people can see no further than themselves or the group or community that they are living in. They get so tied up by small petty things, that they have difficulty in expanding in any way. Here is where tremendous changes have to come, and come quickly. Do not be satisfied to accept just what you can understand, but be willing to go further and step right out of your depth and do the seemingly impossible. In this way your capacity is stretched. Let it be stretched until you feel it is going to snap – and then let it stretch even further. Live on the brink of something completely new. Be not afraid of the new and the unknown, but simply take one step at a time in absolute faith and confidence, knowing that every step will lead you to the wonderful new heaven and new earth.

(Eileen Caddy, Opening Doors Within, May 24th.. ISBN 0-905249-66-6)

*I thank God for sunshine and birdsong, for the sweet morning light upon the hilltops, and the tender eyes of my loved ones. The great world is awake and athrob with life. I, too, am awake and life is pulsing through my veins.
I have a part in the great world, in its work, its joy, its sorrow. Today I can be a little centre from which shall radiate peace, kindness and good will.
I thank God for opportunity. A beautiful golden sunbeam has entered through my chamber window, and awakened me to the beauty and gladness of the morning. May my spirit be wakened and kindled by the Divine Spirit, so that all this day it may warm and gladden the hearts it touches.* (Author unknown)

Love represents the same power in the spiritual world that gravity occupies in the material world. The law of gravity holds the world together. It holds us so that as the earth turns we do not swing off into space. Love is the same power, only higher, grander. Love integrates, binds together and holds. That is why love heals. (Author unknown)

God is One. There are not many Gods, one for each tribe among men (SSB)

Please God, don’t judge me for what I was, but for what I can be.
(USA man on his release from prison)

We need to apply a secular approach to ethics, secular in the Indian sense of respecting all religious traditions and even the views of non-believers in an unbiased way. Secular ethics rooted in scientific findings, common experience and common sense can easily be introduced into the secular education system. If we can do that there is a real prospect of making this 21st century an era of peace and compassion.
(The Dalai Lama)

FOR THOSE WHO HAVE NOT RENEWED BY 1.4.15, YOUR MEMBERSHIP & INSURANCE HAVE EXPIRED. WE HOPE YOU WILL RENEW!

Subscriptions + Insurance are due 1st April.

If not paid, it is illegal to display a BMS-IHF certificate

	Subs	Ins.
Full Contact Healer	£22.00	+ £4.89
Distant Healer	£22.00	+ £4.89
Trainee Contact Healer	£22.00	+ £4.89
Trainee Distant Healer	£22.00	+ £4.89
Practitioner/Therapist	£22.00	+ Own ins.
Friend Member	£10	Nil ins
Initial Registration	£8	

Please send Cheques to the Subscriptions Secretary, payable to BMS-IHF.

**BMS-IHF complies with the new Consumer Protection Regulations 26.5.08
Our members strictly abide by BAHA Code of Conduct (updated 27.10.12) & No.1 Standards in UK**

Our healers balance energies so as to encourage beneficial changes in the Physical, Emotional, Mental and Spiritual states.

In every culture and in every medical tradition before ours, healing was accomplished by moving energy.

(Albert Szent-Gyargyi, Nobel Laureate in Medicine)

THE DATA PROTECTION ACT

THE BMS-IHF COUNCIL & BMSI COMMITTEE WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, OTHER HEALING ORGANISATIONS e.g. BAHA, UKH or CHO..

BMS-IHF Registration Number is PZ656262X

BMSI Registration Number is PZ6562587

Please visit our websites for links to our German and other healing organisations' activities:

www.bmsihf.co.uk & www.bmsi-eu.net

The hallmark of Love is selfless sacrifice (SSB)