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& [www.bmsihf.co.uk](http://www.bmsihf.co.uk)

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Auditor: to be advised

**The most exciting  
phrase** to hear in science,  
the one that heralds new  
discoveries, is not Eureka!  
(I found it) but rather  
"Hmm.....that's funny.....!  
(Isaac Asimov, *Physicist,  
scientist, science fiction  
author, 1920-1992*

This sure applies to our  
spiritual growth also – read  
– so that from time to time,  
you find those gems that  
clarify your journey. One  
of the most difficult things  
for many, is to accept that  
we are not the spiritual  
body, but are in fact the  
inner voice, **conscience**,  
Atma, Omnipresent Eternal  
God, **"I AM"** (EFT newsletter)



**BMS-IHF Summer Seminar**  
"The art of HEALING WITH SOUND"  
led by **TIM WHEATER** was held in the OLD TOWN  
HALL, HORSHAM on SUNDAY 22.6.08 10am-4.30 pm

**SOUND healer Tim Wheeler** has travelled over a million miles lecturing and performing in major cities throughout the world. When he stopped off in Horsham for the day, members and friends of BMS-IHF were treated to a fascinating and uplifting experience as he explained and demonstrated sound healing and vibrational therapy techniques.

**Healing and transformation** can come about by understanding and working with the power of sound, one of the primal forces of our universe. Tim, director of the Wheeler Sound Academy at Midhurst, is an award winning composer, flautist, vocalist, and public speaker. He showed how Tibetan and crystal bowls, native rattles and drums can open the consciousness to love.

**Particularly poignant** were his demonstrations of the beauty of the human voice. The heart-opening toning and the chanting of mantras heals us and others at deep levels. Sacred sounds such as the Om (Aum) facilitate healing and heighten spiritual perception.

**Tim's vibrant workshop** was a highly charged flow, peppered with his very personal and fun view of the spiritual journey. He has worked with many famous authors and healers. But they are all human, he stressed, and he had seen that even the Dalai Lama had his idiosyncrasies.

**At the start of the seminar** the audience were invited to visualise and meditate on a chosen intention. Throughout the day, this intention was renewed.

**Most impressive of all** was Tim's demonstration of a gong bath which is a very powerful healing experience. Two separate volunteers sat in succession behind the large gong, with eyes closed, while Tim repeatedly released the awesome resonance of this magnificent instrument. The healing vibrations poured out over the audience in the Old Town Hall in a great sea of sound, which penetrated far into the streets of Horsham and out into the beyond.....

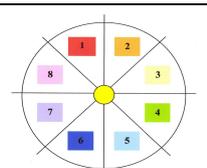
**Tim can be contacted at:** [www.timwheater.com](http://www.timwheater.com) (Report by Christine Day)

This spiritual life calls for souls who are completely dedicated, for without dedication you will faint along the way. There are many influences in life which can easily throw you off balance unless you are one-pointed and completely dedicated. To live a full and glorious life means living it all the time; it cannot be part-time. You have to keep on your toes day and night, to be on the alert and to act at a moment's notice without any thought of the self or self-concern. There are times when you will have to go ahead in complete faith and confidence without even knowing the reason why you are doing it. You will have to act from intuition and inspiration, and when you do there may not appear to be any rhyme or reason for it. But when you know something is right, go ahead and do it, and know you will have all the forces of light behind you, for I AM with you.

(Opening Doors Within, Eileen Caddy, Findhorn Press ISBN 0-905249-66-6)

**Awake, Arise and Stop not until the goal is reached.** (Sai Baba)

**THE WHEEL OF CONSCIOUSNESS, showing the "I am" CONSCIENCE, which instinctively knows right from wrong, inside the heart centre of the wheel:**

<b>CONSCIENCE</b> – con-science <i>'con'</i> from the Old French 'conduire' <i>'cond'</i> from conduct, guide <i>'con'</i> , nautical = direct the steering of a ship	<b>CONSCIOUSNESS</b> is the <b>OUTSIDE</b> all around us
<b>Conscience is inside our heart centre</b>	 <ul style="list-style-type: none"> <li>1 – Consciousness (waking)</li> <li>2 – Sub-consciousness ('filing')</li> <li>3 – Deep-consciousness (sleeping)</li> <li>4 – Karmic</li> <li>5 – Deep-Karmic</li> <li>6 – Soul</li> <li>7 – Spirit</li> <li>8 – Cosmic</li> </ul>

**FRIENDS  
MEETING HOUSE**  
Worthing Road  
Horsham  
RH12 1SL:

For dates and  
other venues see  
**BMSI News**  
We meet nearly  
every

**MONDAY**  
7.30-9.00 pm  
For members and  
the public:  
"Healing for  
Everyone"  
+Meditation  
+new Accredited  
Training Phase  
commences Sept'08  
Contacts:  
William Lambert  
01403 255 025 or  
Brenda Richards  
01403 700 264

We also offer  
"Healing for  
Everyone" at  
"Life is for Living"  
Broadbridge Heath  
Leisure Centre  
Horsham  
Thursday 18.9.08  
12 noon – 4.45 pm  
+Activities

**Our Annual  
General Meeting  
was held in FMH  
on  
10.6.08, 7.30pm**  
If you require a  
copy of the  
minutes, please  
contact the  
Chairman.

*Wishing You  
Every Blessing*



*Will-I-am!*

**The most important thing is not to get trapped** in what I see everywhere in the West, a “shopping mentality”: shopping from master to master, teaching to teaching, without any continuity or real, sustained dedication to any one discipline. Nearly all the great spiritual masters of all traditions agree that the essential thing is to master one way, one path to truth, by following one tradition with all your heart and mind to the end of the spiritual journey, while, of course, remaining open and respectful toward the insights of all others. In Tibet, we used to say: “knowing one, you accomplish all.” The modern faddish idea that we can always keep all our options open and so never need commit ourselves to anything is one of the greatest and most dangerous delusions of our culture, and one of ego’s most effective ways of sabotaging our spiritual search.

*(“Glimpse After Glimpse”, Sogyal Rinpoche)*

## Scorpio – October 24<sup>th</sup> – November 22<sup>nd</sup>

**PLUTO, the Lord of the Underworld, ruler of Scorpio**, is seen by some modern astrologers as the representative of the soul. Others see Pluto as the “shadow self” that embraces, completes and puts us in contact with our soul.

**On January 25, 2008**, Pluto entered Capricorn and then retrograded into Sagittarius on June 14. The planet will journey back into Capricorn on November 26, 2008 where it will stay until January 21, 2024.

**We are approaching the end date** of the Mayan calendar which concludes a count of time running 26,625 years. This is the approximate amount of time required for the points of the equinox to traverse an entire circle of the heavens. The Mayans begin and end their reckoning of time with the conjunction of the winter solstice sun to the centre of the Milky Way galaxy. On winter solstice 2012 this occurs with Pluto in Capricorn.

**Pluto** spends roughly 18 of the 248 years of its trip around our planet in Capricorn the Sea Goat. The message of change is the only constant. Capricorn is the energy which holds things stable. Pluto is the energy of the most compelling changes.

**A personal planet** involved in a natal aspect to Pluto brings the Earth-bound ego into awareness of this soul or life beyond life. The effects of Pluto transits have been described as deep shocks. When an intense transit happens and the force of Pluto touches a personal planet the ego becomes aware of strange and powerful currents with which it is unfamiliar.

**Under this influence** an individual can be brought to unavoidable awareness of present time purpose and integrity, making just the right move at the right time to have far reaching effects on the fabric of humanity’s collective experience.

**Inspirations occurring under Pluto in Sagittarius** are brought into manifestation during the Capricorn phase. While Jesus preached in Sagittarius, Paul or Tarsus had his vision on the road to Damascus, converted to Christianity, and spread the word while Pluto was in Capricorn.

*(Christine Davy)*

**Our healers balance energies to encourage beneficial changes in the Physical, Emotional, Mental and Spiritual States.**

**We strictly abide by the UK Healers Code of Conduct**

**We also comply with the new Consumer Protection Regulations 26.5.08**

**Please visit our websites from which there are links to our German and other healing organisations’ websites:**  
[www.bmsihf.co.uk](http://www.bmsihf.co.uk)  
[www.geocities.com/bmsiuk/ihf](http://www.geocities.com/bmsiuk/ihf)

**THE DATA PROTECTION ACT**  
 THE BMS-IHF COUNCIL & BMSI COMMITTEE WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, OTHER HEALING ORGANISATIONS eg AHA or CHO.  
 BMS-IHF & BMSI are registered with the Data Protection Register.  
 BMS-IHF Registration Number is PZ656262X  
 BMSI Registration Number is PZ6562587

**We are required to inform members annually that personal details are held on our database. Should any member object, their details can be removed. For further information please contact William.**

**Recommended book: ISBN 0 907961 03 7 by Brian Graham Clare Cameron, A Human and Spiritual Journey: I first met Clare around 1975 at the College of Psychotherapeutics, where we were both attending a day conference led by Ronald Beesley. Later, at Nash Manor, Steyning, she used to come to me for healing. Clare was a rare individual possessed of an innate wisdom. William.**

### Clare on FRIENDSHIP:

**Whether we meet alone or in company,**

Engaged in the trivia of conversation

To tinkle of teacups and laughter,

Meeting the needs of the moment as birds on the wing,  
 It makes no difference.

**Whether I catch your eye as we walk in the woods**

That sees what I see of beauty, revelation,

Or you take the hand of my friend in the drawing-room,

And years may pass before I see you again,

It makes no difference.

**In Spring the leaves dance on the bough,**

In Summer the tree gathers her skirts about her.

In Winter the white hands of the snow

Suspend, forbid, and lock her in silent embrace.

**The gifts of love as the gifts of life**

Cannot be grasped and yet they cannot be lost.

Hearts may break and hope splinter to fragments,

To what is between thee and me eternally,

It makes no difference.

### And from Sai Baba:

Love within thought is truth,

Love with activity is honesty,

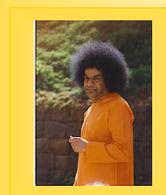
Love with feeling is peace,

Love with understanding is non-violence.

**The difference** between the head and the heart is that the head will carry out temporary obligations. The heart is concerned with what is permanent.

**The secret of happiness** is not in doing what one likes, but in liking what one has to do. Whatever work you have to do, you should do it with pleasure and liking.

**Service** to man is service to God, for God is in every human being, every living thing and in every stone and stump.



**Discipline is the mark of intelligent living**

### ADVENT OF SAI

**This Sai** has come in order to achieve the supreme task of uniting the entire mankind as one family through the bond of brotherhood; of affirming and illumining the inner reality of each being in order to reveal the Divine which is the basis on which the entire cosmos rests; and of instructing all to recognise the common Divine Heritage that binds man to man, so that man can rid himself of the animal and rise to the Divine which is his goal.

Man’s distance from Divinity is the same as his distance from himself.

**- Baba**

### Subscriptions & Fees + Insurance

are due annually on 1st April  
 If not paid within 3 months, it is illegal to display a BMS-IHF certificate

	Subs	Ins.
Full Contact Healer	£20.00	+ £4.65
Distant Healer	£20.00	+ £4.65
Trainee Contact Healer	£20.00	+ £4.65
Trainee Distant Healer	£20.00	+ £4.65
Practitioner/Therapist	£20.00	+Own ins.
Friend Member	£10	Nil ins.
Initial Registration	£8	

*Please send Cheques to the Subscriptions Secretary, payable to BMS-IHF.*