



**BMS-IHF
Honorary Trustees**

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Vice-Chairman: (in abeyance)

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Healing Clinic:

- ❖ **Horsham, Thursdays**
2.30-4.30 pm
Unitarian Church Hall, Horsham
for Training & Talks
See BMSI NEWS

EU: Beatrice Widder
0043 (0)316 68 64 41

**IMPORTANT ANNOUNCEMENT
COMMENCING 1/2008, We will be offering:**

A NEW 2-LEVEL HEALING TRAINING COURSE

One level will be verbal, similar to other healing associations, i.e., without the written work but with verbal Q & A in the sessions.

The second more advanced level will be optional but the same as we have been doing since 1995, i.e., written homework and we shall issue our own BMS Healing Diploma.

Both levels will be fully assessed before the standard healer's Certificate of Membership is issued.

This second level can also be taken as CPD, i.e. Continual Professional Development, after the level one verbal certification. A final CPD certificate will be awarded. Other healing organisations can also be licensed by us to use our training material.

We completed a successful 3-year Pilot Study in 1998 for a Healing NVQ (National Vocational Qualification, which is still awaited.

In the meantime, we are pleased to be able to continue offering this standard as our second level of achievement.

PLEASE CONTACT US NOW TO REGISTER

THE SPIRIT OF SELF DENIAL

If you visit Niagara Falls, you will be impressed by the illuminations at night.

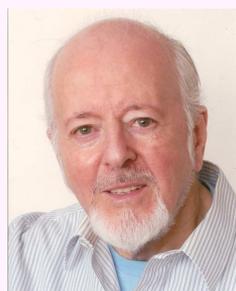
How are they produced? Some of the water is diverted from the Falls into tunnels to drive the mighty generators of electricity, which light great reflectors above and below.

Suppose that these waters were human and had a strain of selfishness in them and could talk. They might protest: "Why should we be detoured in this way and screened from view and forced to drive machinery? We have come from every river and spring of the vast land behind us and hoped to become part of the wonders of the world."

These waters sacrificed something, but in doing so they became part of the effort to create this beautiful spectacle, giving greater beauty to the Falls, and filling the hearts of the spectators with awe.

The world needs more of this spirit of self-denial. There is too much selfishness. Each one seems to look only to their own things, and not to those of others. Selfishness has a dehydrating effect on the human character. It shrivels the soul. It makes the person worthless in the order of things.

As long as we are selfishly concerned only with ourselves, we can only display our weaknesses. If we are concerned about others, then our imagination will open up great avenues of strong possibilities that selfish eyes cannot see. *(Sunshine Magazine)*



I am delighted to show you this June 2007 photo. Following recent medical examinations, I expect to soon be given a full 'all clear' from the cancer and to lead the new Phase One in Healing Training commencing in January 2008.

It now gives me great pleasure to wish you All the Joys of the Season and to send All Blessings upon you and your work.
William

**MONDAYS
5 & 19 November
7.30-9.30 pm
For members and
the public
Meditation,
Talks + Healing in
Friends Meeting
House
Worthing Road
Horsham
Contact:
William Lambert
01403 255 025 or
Brenda Richards
01403 700 264**

**We meet
nearly every
Monday
at 7.30 pm
For dates and
venues see
RMST News**

**YOU and your
friends are
invited to our
MEDITATIONS
Contact:
Angela Savage
01306 628008**

**You are invited
to our annual
CHRISTMAS
CANDLELIGHT
MEDITATION
AND PARTY**

**for members
and friends
7.30-9.30 pm
10.12.2007**

**Please bring a
small donation of
food to be shared
plus £5 entrance**

**Organiser:
Jenny Jones
01403 266800**

**A NEW PHASE ONE
IN HEALING
TRAINING**

**WILL COMMENCE IN
JANUARY 2008**

**Interviews are taking
place now
Contact: William on
01403 255025**

Christmas Miscellany

The world is so fast that there are days when the person who says it can't be done, is interrupted by the person doing it.

(Author unknown)

Komical Kids

How do you decide who to marry?

No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you are stuck with.

(Kristen, age 10)

When is it OK to kiss someone?

When they are rich!

(Pam, age 7)

How would the world be different if people didn't get married?

There sure would be a lot of kids to explain, wouldn't there?

(Kelvin, age 8)

How would you make a marriage work?

Tell your wife that she looks pretty, even if she looks like a dump truck!

(Ricky age 10—a future marriage counsellor!!!)

What is a Grandmother?

A grandmother is a woman who has no children of her own and therefore she loves the boys and girls of other people.

Grandmothers have nothing to do; they only have to be there. If they take us for a walk they go slowly past beautiful leaves and caterpillars.

They never say "come along quickly" or "hurry up for Goodness sake!" They are usually fat but not too fat to tie up our shoestrings. They wear spectacles and sometimes can take out their teeth! They can answer every question, for instance why dogs hate cats and why God is not married.

When they read to us they do not leave out anything and they do not mind if it is always the same story.

Everyone should try to have a grandmother especially those who have no television.

Grandmothers are the only grownups who always have time.

(a boy of 8 years)

NOW, WE ARE CHILDREN OF THE EARTH;

in eternity we are the children of the whole universe. Do I not feel in my own soul that I constitute a part of this mighty harmonious whole? Do I not have the consciousness that this enormous, innumerable collection of beings in which Godhead is manifest – Supreme Force, if you prefer the term – that I constitute one link, one step between the lower orders of creation and the higher ones? If I see, clearly see, this ladder which rises from the plant to man, then why should I suppose that it stops at me, and does not lead higher and ever higher? I know that just as nothing is ever annihilated in the universe, so I can never perish but shall always exist, and have always existed. I know that besides myself, spiritual beings must exist above me, and that truth is in this universe.

(Leo Tolstoy, War and Peace)

AGM 28.6.07 Minutes & Reports:

These are issued only to those who attend the meetings. If any other member requires copies, please apply to the Secretary.

Please visit our websites from which there are links to our German and other healing organisations' websites:

www.geocities.com/bmsiuk/ihf
& www.bmsihf.co.uk

CHEMICAL SALMON

Virtually all 'fresh' salmon sold in supermarkets is factory farmed, and rich in pesticides. A new report from the UK Government's Committee on Toxicity of Chemicals in Food stated that farmed salmon was the only food they tested during 1997-2001 where every batch tested contained three pesticides: DDT, hexachlorobenzene and dieldrin.

(9647 Ecologist 1.1.0 p9)

THE LAST DAYS OF HEALTH FREEDOM

International award-winning film maker Kevin Miller of Well TV has announced the release of a new documentary about the threat to medical freedom of choice. "We Become Silent: The Last Days of Health Freedom" details the ongoing attempts by multinational Pharmaceutical interests and giant food companies – in concert with the WTO, the WHO and others – to limit the public's access to herbs, vitamins and other therapies.

"We Become Silent" is narrated by Dame Judi Dench.

"I am releasing a 30 minute version of "We Become Silent" because it is vital to engage the worldwide public about the dangers of CODEX ALIMENTARIUS" said Miller. "If we don't defend our health freedoms, they will be lost – and nothing would make the drug companies happier than to have free rein over our health."

www.welltv.com

An ANH archive on the Codex story is available on their website:

www.alliance-natural-health.org

A NEW PHASE ONE IN HEALING TRAINING WILL COMMENCE IN JANUARY 2008.

As Angela is moving, it will be led again by William Lambert plus others.

REGISTRATIONS are taking place now.

Contact William on 01403 255025

THE DATA PROTECTION ACT

THE BMS-IHF COUNCIL & BMSI COMMITTEE WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, OTHER HEALING ORGANISATIONS eg AHA or CHO.

BMS-IHF & BMSI are registered with the Data Protection Register. BMS-IHF Registration Number is PZ656262X

BMSI Registration Number is PZ6562587

We are required to inform members annually that personal details are held on our database. Should any member object, their details can be removed. For further information please contact William P. Lambert.

Subscriptions & Fees + Insurance

due annually on 1st April

If not paid within 3 months, it is illegal to display a BMS-IHF certificate

Full Contact Healer	£18.50 + £4.65
Distant Healer	£18.50 + £4.65
Trainee Contact Healer	£18.50 + £4.65
Trainee Distant Healer	£18.50 + £4.65
Practitioner/Therapist	£18.50+Own ins.
Friend Member	£10 Nil ins.
Initial Registration	£8

Please send Cheques to the Subscriptions Secretary,

NOTICES:

LIFE IS FOR LIVING 2007

Thursday 13th Sept. 12 noon – 4 pm

Broadbridge Heath Leisure Centre

BMS-IHF team had a busy and successful day giving healing there.

"MEET THE QUAKERS" open day

Saturday 29th Sept. 10 am – 4 pm

Friends Meeting House,

Worthing Road, Horsham RH12 1SL

BMS-IHF had a stall there manned by William. He met members of the Meeting House and networked with other groups who hire the hall. It was a busy and successful day. To find out more about their philosophy, see:

www.quaker.org.uk

Boiling Water!

Ronald Beesley taught that one should switch the kettle off just before the water boiled, especially when making drinks.

Sai Baba says food cooked in water should be eaten the same day and not re-heated the next day.

Thomas Bartram of Grace magazine reports that re-boiled water loses its oxygen.

Tea and rheumatism

In Grace magazine (recommended by William) a Mrs.M Hayward reports that "Over 40 years ago, I had rheumatic fever. My parents were advised not to let me drink tea. From that day to this, I have never drunk tea, very little coffee, no wines or spirits. I am full of rheumatism.

Parents

are special, so guard them with care...cherish and love them, whilst they are still there...Cheer them and comfort their pains and their fears...help them and show them your thanks through the years...Give them your patience as they grow old...for the love you have shared is more precious than gold. (Chrissy Greenslade, Grace magazine 6/2007)

Recognising a stroke – reminders:

3 steps – S.T.R

S – ask the person to smile

T – ask them to repeat a simple sentence clearly (i.e., "it is sunny out today")

R – ask them to raise both arms

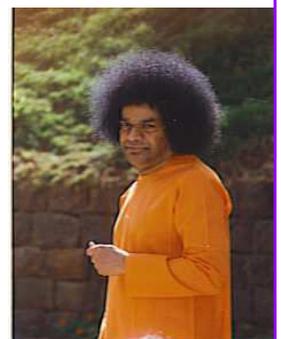
Another sign:

Ask them to stick out their tongue – if it goes to one side or the other, that is also an indication.

Dial 999 or 112

Or text 18000

and describe symptoms



Whatever is to our advantage, will appear right to us. We do not usually look upon a matter from the other person's standpoint.

Reason can prevail only when arguments are advanced without the whipping up of sound.

The food one eats has to be pure, free from the subtle evils radiated by the persons who collect, cook and serve them.

However high a bird may soar, it has sooner or later to perch on a tree top, to enjoy quiet.

(Sri Sathya Sai Baba)