



THE Link

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Autumn 2007

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❖ **Horsham**, Thursdays
2.30-4.30 pm

Unitarian Church Hall, Horsham

Training & Talks
See BMSI NEWS

A few months ago in prayer, following a request from a member, I asked Sai Baba to send me words on the subject below. The answer came back on 4.9.07 via Beatrice Widder, my successor on EU mainland, who visited Him recently. She did not know I had asked. Normally I receive answers within two months in His next magazine. (William)

“Surrender”

Why get agitated? Let me take care of all your concerns. I shall be the one who will think about them. I am waiting for nothing else other than your surrender to Me, and then you do not have to worry any more about anything. Say farewell to all fears and discouragement, otherwise, you demonstrate that you do not trust Me. On the contrary, you can rely blindly on Me.

To surrender means to turn your thoughts away from all your troubles, problems, and difficulties that you encounter. Leave everything in My hands saying “Lord, Thy will be done, Thou think of it.” That is to say, “Lord, I thank You for taking everything into Your hands and resolving this for my highest good.”

Remember that thinking of the consequences of a thing is contrary to surrender. That is to say, when you worry that a situation has not had your desired outcome, you thus demonstrate that you do not believe in My love for you. You will prove that you do not consider your life to be under My control and that nothing escapes Me.

Never think: how is this to end? ... what is going to happen? If you give in to this temptation, you demonstrate that you do not trust Me. Do you want Me to deal with it... yes or no? Then you must stop being anxious about it. I shall guide you only if you completely surrender to Me. When I must lead you onto a different path than the one you expect. I carry you in My arms.

What seriously upsets you is your reasoning, your obsession, your will to provide for yourself at any price. I can do so many things whether the person in material or spiritual necessity, turns to Me saying “May I hand this over to You?” and then closes his eyes and rests quietly. You will receive a lot, but only when your prayer relies fully upon Me.

You pray to Me when in pain so that I intervene, but in the way you desire it. You do not rely upon Me, but you want me to adjust your requests. Don't behave like sick people who ask for a treatment from the doctor, all the time suggesting to him. Do not do that; but rather, even in sad circumstances say “Lord I praise and thank You for this problem, for this necessity, I pray to You to arrange things as You please for this terrestrial and temporary life. You know what is best for me.”

Sometimes you feel that disasters increase instead of diminish. Do not get agitated. Close your eyes and tell Me with faith “Thy will be done in my life.” When you think thus, I think of you and can accomplish a miracle when necessary, but you need to trust Me totally. I can only help you completely when you rely fully upon Me. (Sathya Sai Baba)

Just For Today, Do Not Get Angry (article by our member Janice Trachtman)

Anger is a negative emotion that destroys our inner harmony and balance, causing energy blockages in our spiritual body, separating us from our Higher Self with inevitable repercussions in our physical body. **We forget** to love unconditionally when we are angry. Anger is a reaction to some perceived inadequacy in our self, which drains our physical, mental and spiritual energy. Our true response is love. Truth, wisdom and insight give us power. **We can become angry** when we perceive that we have fallen short of our expectations of ourselves and what others expect of us. We feel inadequate and a sense of failure, of not being good enough. Consequently we feel frustrated and angry depending on how strongly we feel disappointed or have fallen short of expectations. We feel out of control of the situation. When we feel out of control, we feel threatened and powerless.

When we are led by our ego rather than by our Higher Self, we can lose our way, for it is then that we begin to desire or expect things. When guided by our Higher Self, we do not require that which is inappropriate.

Often, when people feel angry they are trying to protect themselves against feeling inadequate, vulnerable and hurt. We have all made errors of judgement at some time or other, and all of us are inadequate in some area of our lives. This does not mean that we are not worthwhile, nor does it mean that we are not worth loving. People often need to learn to forgive when they are angry, not only to forgive others, but to forgive themselves.

Other people are not always aware of our anger. We hurt ourselves more than we realize, but our negative energy can impact on others around us too. Anger amplifies and perpetuates feeling bad about our self and about the world.

It is important to get to the source of our anger and personally take responsibility for it so we can understand what we feel angry about. If we remain angry, nothing will please us and we will project our inadequacy onto the world around us. When the anger is projected out, it does not feel as if it belongs to us and we delay dealing with it. This will keep us angry, frustrated and bitter, but by taking responsibility and looking within ourselves as to why we are angry, we begin to regain our inner strength.

Anger is a shield for a person who does not want to deal with his feelings. Ironically, by shielding himself with a negative emotion like anger, he will not feel better. Anger separates us from our true selves and other people. When you accept your anger as your own, its negative power evaporates. We can then feel love & remember who & what we really are.

WEDNESDAYS
12 & 26 September
17 & 31 October
14 & 28 November
7.30-9.30 pm

“A NEW DESIGN FOR LIVING”
6 Talks in Friends Meeting House
Worthing Road
Horsham

Contact:
William Lambert
01403 255025 or
Brenda Richards
01403 700 264
Members of the public will be welcomed

We meet every Monday at 7.30 pm

For dates and venues see BMSI News

YOU and your friends are invited to our MEDITATIONS
Contact:
Angela Savage
01306 628008

Obituary

With sadness, we have to report the passing to the higher life of:

Joan Harper 18.6.07
our first Treasurer
Sallyann Care 26.8.07
Loyal Healing trainee
Josephine Prentice 4.5.07, Founder
Bexhill Healing Guild
Kay Reynolds 25.7.07
Bexhill patient
We remember them with thanks for having known their loving presence and fine qualities

Treat yourself with love, acceptance and understanding. Be compassionate towards yourself as you grow and learn along your true path. (Janice Trachtman)

BMS-IHF Summer Seminar 29.7.07

PETER Goldman's seminar on "Inter-dimensional Living – Challenge of the New Millennium", was a truly inspirational event. The widely travelled spiritual teacher who is Director of the Centre of New Directions, White Lodge at Tunbridge Wells, attracted a large audience at the Old Town Hall, Market Square, Horsham.

The event, staged by BMS-IHF took on a unique dynamic energy as Peter arranged everyone into a large circle.

Peter, born in South Africa, trained with the remarkable Ronald Beesley, founder of the College of Spiritual Psycho-Therapeutics. A healer and teacher with profound knowledge of the cosmic laws, Ronald Beesley's mission was to reawaken the Ancient Wisdom and bring in New Age consciousness.

Peter met Ronald Beesley at a health resort where Peter worked as an osteopath. The great teacher had suffered a heart attack some years earlier and as part of his recovery and keep fit programme, would fast and cleanse regularly at a health resort. Ronald began his healing and teaching work in his early years after World War II. At first he was a 'reluctant healer'. He had many gifts that could have taken his life in other directions, but as his path became clear, so he followed.

William Lambert, Chairman of BMS-IHF, proudly announced Peter, whom he explained he had not seen for a number of years but "hadn't changed at all". Peter jovially returned the compliment. William trained with Ronald Beesley and Peter Goldman in the Seventies and Eighties, before establishing himself as a spiritual teacher in Europe and the UK.

The seminar was enhanced by the spontaneous and unstructured way in which Peter worked. Punctuated by frequent breaks for tea, coffee and biscuits, he succeeded in opening up a flow between participants that charged the atmosphere and brought in a higher energy. He worked very intuitively, responding to those who asked questions by getting them to look at what was really behind the question and thus encouraging them to shift and heal. He responded to one particular question about his own background at length, but in a most insightful and unselfconscious way.

Peter opened the afternoon by going round the circle and asking each individual to describe their vision of how they would like the world to be in the future. He listened intently and commented in depth to every response. He also connected with the energy of each person, opening up their past lives, inner wisdom, and spirituality. He stressed the importance of light-heartedness, the sharing of joy and laughter.

One of the highlights of the seminar was when Peter demonstrated how he worked with tuning forks. He explained that he had been given a set as a gift and had subsequently taught himself to use them as a healing tool. He gave healing to a number of people, using the forks to re-tune and harmonise their vibrations.

Peter's own vibration and atmosphere was such that all those who attended the illuminating event must undoubtedly have felt more tuned in and confident to cope with the tremendous challenge of living inter-dimensionally, which we ALL face. (Report kindly contributed by member Christine Day)

Work is the for physical level
Worship for the mental level
Wisdom for the spiritual level
Each person has to pass through these 3 stages. That is why I say "You are not one but three" -

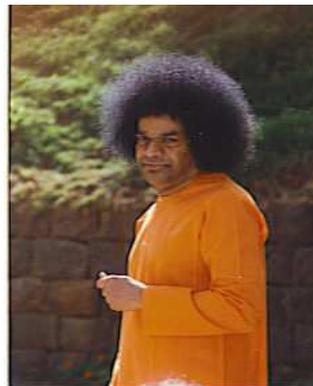
The one you think you are – the body or physical person;
The one others think you are – the mind or the mental person, consisting of emotions, attitudes and beliefs, and
The One you really are – the Atma or True Self, the Spiritual core of your personality.

Not through wealth can immortality be won; it can be won only through renunciation

Properties are not proper ties.

The fulfilment of human life consists in the service that man renders, without any thought of return, in an attitude of selflessness.

As the apparel is to the body, so is the body to the soul, a mere superficial, illusory covering. (Sathya Sai Baba)



THE DATA PROTECTION ACT

THE BMS-IHF COUNCIL & BMSI COMMITTEE WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, HEALING RELATED ORGANISATIONS eg BAHA or CHO.

BMS-IHF & BMSI are registered with the Data Protection Register. BMS-IHF Registration Number is PZ656262X

BMSI Registration Number is PZ6562587
We are required to inform members annually that personal details are held on our database. Should any member object, their details can be removed. For further information please contact William P. Lambert.

Subscriptions & Fees + Insurance

due annually on 1st April
If not paid within 3 months, it is illegal to display a BMS-IHF certificate

Full Contact Healer	£18.50 + £4.65
Distant Healer	£18.50 + £4.65
Trainee Contact Healer	£18.50 + £4.65
Trainee Distant Healer	£18.50 + £4.65
Practitioner/Therapist	£18.50+Own ins.
Friend Member	£10 Nil ins.
Initial Registration	£8

Please send Cheques to the
Subscriptions Secretary,
payable to **BMS-IHF.**

NOTICES:

LIFE IS FOR LIVING 2007

Thursday 13th Sept. 12 noon – 4 pm
Broadbridge Heath Leisure Centre
BMS-IHF team will be giving healing there

“MEET THE QUAKERS” open day

Saturday 29th Sept. 10 am – 4 pm

Friends Meeting House,

Worthing Road, Horsham RH12 1SL

BMS-IHF team will have a stall there with the opportunity of meeting members of the Meeting House and networking with other groups who hire the hall.

All of our group members, family and friends are invited.

All knowledge is a form of light, for it throws light into areas of awareness of which we have hitherto been unconscious.

All wisdom is a form of light, for it reveals to us the world of meaning which lies behind the outer form.

All understanding is a form of light, for it causes us to become aware of the causes which are producing the outer forms which surround us. (Alice Bailey)

Godliness is Orderliness; if our space is in a muddle, our mind is in a muddle. (Ronald Beesley)

Confidence is contagious; so is a lack of confidence. (Vince Lombardi)

To see a face of love, is to feel a heart of peace. (Sri Chinmoy)

In spite of everything, I still believe that people are really good at heart. (Anne Frank)

The only thing necessary for the triumph of evil is for good men to do nothing. (Edmund Burke)

A change made anywhere in a system becomes a change everywhere in the system. (Greg Braden)

Please visit our websites from which there are links to our German and other healing organisations' websites:
www.geocities.com/bmsiuk/ihf
& www.bmsihf.co.uk

All the world's a stage, and all the men and women merely players. (Shakespeare)

Man returns to earth again and again until he has perfected his acting. (Yoganada)

The soul is never born and never dies; it is without end, eternal, ancient; it is not killed when the body in which it lives is killed. Just as one casts off old clothes, so the soul casts off bodies in order to take on new ones. (Krishna, Bhagavad Gita)