



**Our CHRISTMAS LUNCH  
SUNDAY 6<sup>th</sup> DECEMBER 2015**

***12.00 noon–2.30 pm: approx.  
(you can stay on afterwards for coffee, chat and shopping)***

***We will meet again for lunch  
at the spacious and excellent  
Stooks Restaurant, Newbridge Nurseries,  
Billingshurst Road, Broadbridge Heath,  
near Horsham, RH12 3LN  
You may bring a friend***

**12.00 noon** - Choose your meal at the counter and pay for it  
As we are a group, ask for your name to be put on the bill to facilitate serving

Food is prepared fresh to order, so it may take a little longer to serve

A menu will be forwarded to you 7-10 days beforehand so that you can order in advance,  
to help the kitchen prepare the fresh food

**12.30 p.m.** - Take your seat – short welcome from the Chair  
and time to chat

**Afterwards, you will find that there is a large well-stocked gifts area  
and an excellent garden centre to wander round at your leisure**

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**All you need to do in advance, if possible by Monday 30th November  
is to phone Valerie Jennings  
or William on 01403 255 025 - or email [wlambert.bmsi@tiscali.co.uk](mailto:wlambert.bmsi@tiscali.co.uk)  
to confirm that you are coming, whether you are vegetarian,  
and whether you are bringing a companion,  
so that we can confirm approximate numbers to Stooks  
(initially, we have booked a table at 12.30 pm for 12, but more can easily be accommodated)**

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This event has been arranged by Body-Mind-Spirit International Healing Federation,  
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