



# the LINK the LINK

Quarterly Newsletter  
**Body Mind & Spirit  
International  
Healing Federation**  
www.bmsihf.co.uk



BAHA

BMS-IHF is a member of BAHA - British Alliance of Healing Associations, Registered charity No. 284546

SUMMER 2017

Link 64, page 1

### HONORARY TRUSTEES:

**Chairman & Editor**  
**Mr William Lambert**  
PO Box 134, Horsham  
West Sussex, RH13 5FG UK  
Phone: (0) 1403 255 025. Email:  
[wilambert.bmsi@tiscali.co.uk](mailto:wilambert.bmsi@tiscali.co.uk)  
websites:  
[www.bmsihf.co.uk](http://www.bmsihf.co.uk)  
[www.bmsi-eu.net](http://www.bmsi-eu.net)  
ALL UK CORRESPONDENCE  
TO PO BOX 134, HORSHAM  
WEST SUSSEX, RH13 5FG, UK

**Leader Christchurch Group and  
Cancer Support Coordinator:**  
**Mrs Angela Savage**  
**NOW LIVES IN Dorset**  
Email: [angescornio@aol.com](mailto:angescornio@aol.com)  
**Membership Secretary,**  
Database & Website:  
Mr Simon Blackwell (USA)  
Email: [simon@pdispirit.com](mailto:simon@pdispirit.com)  
**Subscriptions**  
Ms Catherine Evans, (WALES)  
NEW Phone: 01446 710 889

#### Councillors:

Mrs Marianne Dyer  
Phone 01403 822 811  
Mrs Jennifer Jones  
Phone: 01403 266 800

Co-opted; Ms Penelope Nichols,  
Mentor & Acting Treasurer  
Phone: 01903 775 162

**Councillor & BMSI Trainer**  
**Mr Alan Carter, Leader,**  
**Glastonbury,**  
Phone 01458 837 800  
e-mail: [a.carter4@btinternet.com](mailto:a.carter4@btinternet.com)

#### Friends Representative:

Mrs Valerie Jennings c/o 01403 255 025  
**Training Advisor &  
"HEALING FOR THE  
HEALERS"**  
Mrs Diane Clarke

....**BUT THERE,**....dearer  
even than nightingales or  
glow-worms, is a  
**primrose,** the first of the  
year; a tuft of primroses,  
springing in yonder  
sheltered nook, from the  
mossy roots of an old  
willow, and living again in  
the clear bright pool. Oh,  
how beautiful they are –  
three fully blown, and two  
bursting buds! How glad I  
am I came this way.  
(Mary Russell Mitford, 1855)

### EU COURSES



**Ulrike  
Weissenbacher**  
Mobile: +32 476  
426661

**VIENNA  
COURSES Contact:**  
**Elisabeth Sonnleitner**  
0043 -(0)676 324 47 70  
[elisson@chello.at](mailto:elisson@chello.at)

#### Meditations VIENNA

**Eva Pohn &  
Elisabeth S.**

### AUGSBURG



**Contact: Walter  
Scheiblhuber**  
0049 - (0)821-29 72  
439

**COURSES 2017**  
WLI/II: November ?  
WLI/III Oct.7/8,21/22,

**Meetings 1st & 3rd  
Thursdays**  
**Anna E Wunsch**  
0049 - (0)821 - 43 15 00

**BRUCK/MUR**  
**Claudia Breidler**  
0043 (0)664 453 09 91  
[Breidler.claudia@a1.net](mailto:Breidler.claudia@a1.net)

### \*I AM THAT I AM\*

Following the quotation of "I AM THE I AM" on page 2 of our Link Newsletter 63 (see right-hand column), a friend has said that she always thought that God was separate (that is what we were all taught at school). She has asked me to explain the above well-known saying\*. For me, it has always meant "I am, and there is nothing more that need be said". No beginning, no end. All is One.

*The mind sees separateness; love sees unity. (Sai)*  
Religion teaches "God is Omnipresent". Our courses teach that there is a Cosmic or Universal Intelligent Presence in the core of the tiniest of atoms, that there is a light atom yet to be identified. For example, the intelligent presence inside an acorn knows that it has to become a huge oak tree – this Presence is inside every cell in our body, to instruct it to be a bone, or a blood cell, or a brain cell, etc.

*"God is in you. God is in every word of yours, every deed and every thought. Speak, do, and think as befits Him"* (Sai Baba)

This Presence (Atma) also resides in our heart center and is our own voice of conscience (con-science) which we consult in intuitive silence. A two year old child already knows right from wrong. Watch their faces and reactions if we say "no!"

*"Your body is the temple of God and your heart is the sanctum sanctorum. God is the resident in your heart, you should realize this truth. Remember, like underground water, the Divine is there in everyone. The Lord is the Indweller in all beings. He is all-pervading. He is the Soul (Atma) of every being. He is in you as much as in everyone else. He is not more in a rich person or bigger in a fat being. His spark illumines the the cave of the heart in everyone. The sun shines equally on all. His Grace is falling equally on all. It is only you that erects obstacles that prevent the rays of His Grace from warming you and granting you unending joy. (Sai Baba)*

/continued on page 2:

### ANNOUNCEMENTS

**Administration:**  
**William Lambert,**  
see Trustees  
column

#### HORSHAM

**WILLIAM  
LAMBERT\***

#### GLASTONBURY

**ALAN CARTER\***

#### CHRISTCHURCH

**ANGELA SAVAGE\***

#### RUSTINGTON

**PENNY NICHOLS\*-**

#### HADDENHAM

**LIZ TREGONING**

**\*FOR CONTACT  
DETAILS SEE  
TRUSTEES COL.**

#### FOR EU

#### CONTACT

[www.bmsi-eu.net](http://www.bmsi-eu.net)

#### EVA POHN,

#### VIENNA

0043(0)699-

125 90 614

#### OR WALTER

#### SCHIEBLHUBER

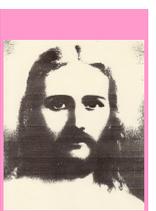
#### AUGSBURG

0049(0)821

29 72 439

Warm Easter wishes  
for hope and for  
peace, love and  
contentment,  
to grow and  
increase.  
For joy in  
abundance and  
dreams coming true  
For bright Easter  
gladness  
All the year through.  
(Iris Hesselden)

### DO YOU SEE THE PARALLELS IN THE TEACHINGS OF JESUS AND SAI BABA?



(Jesus)

**Believe....**

**The door will be opened to  
those who knock**



(Sai Baba)

**Faith in God will give you faith in  
man;  
for man is but a moving temple of  
God.**



**William Lambert,  
Horsham**

**"MORE POWER IS WROUGHT BY PRAYER THAN THIS WORLD DREAMS OF"**

(Shakespeare)



*It is only the body which experiences birth and death. Remember that you are the eternal, never changing Atma, Divinity itself. Only by the light of the Divine lamp inside you, can you blossom as a worthwhile person.*

-----o0o-----

*The Divine is present in man like the unseen thread that holds a garland of gems together.*

-----o0o-----

*The entire Cosmos is permeated by the Divine and is the visible manifestation of the Divine.*

Nothing in the world, no object, no human being, no creature, can be found where God is not present. There is only one God.

(Sri Sathya Sai Baba)

**I AM THAT I AM /continued from page 1)**

**SELECTIONS FROM PARAMAHANSA YOGANANDA:**

...When the ego or "I" consciousness has sided with the materialistic forces of creation, it is said to have six faults, 1: lust 2: anger 3: greed 4: delusion 5: pride and 6: envy.

Only when man has conquered these does he acquire knowledge of his true soul nature...

...Intuition bridges the chasm between intellectual knowledge of the soul and actual realisation of the Divine Self....

...The awakened soul force and the meditation-evolved self-control must seize the kingdom and plant therein the banner of Spirit, establishing a reign resplendent with peace, wisdom, abundance and health...

...Souls are the radiating rays of Spirit, hence, they are co-existent with Spirit and of the same essence, same as the sun and its rays are one...

...The Soul is an omnipresent reflection of the all-pervading Spirit. The ego is the body-bound consciousness of the Soul. The Soul, as ego, forgets its etheric omnipresence and considers itself limited to the body...

...Every human ego can *imagine* itself spread out in space, but can *feel* itself only as the body...

Each of our earth lifetimes is like a bubble in the ocean..

A bubble is part the ocean,

but when it bursts, it remains in the ocean – it has never left it.

One human lifetime is also like a wave that comes onto the shore, but remains part of the ocean –

it never separated from it.....

During each of our human lifetimes, we remain a part of God. The entire Cosmos and everything in it is God. The breath of God is in the life-giving air which gives us energy. God is the masculine Light which enters in to the safety of the darkness and gives life to everything - and God is also the feminine Love which holds all things together. All is One.

(William)

**GO INTO THE SILENCE....  
LISTEN TO THE INNER VOICE IN YOUR HEART...  
WHO ARE YOU? THE "I AM"**

**BMS-IHF complies with the  
Consumer Protection Regulations 26.5.08  
Our members strictly abide by BAH  
Code of Conduct (updated 27.10.12)  
& No.1 Standards in UK**

Our healers balance energies so as to encourage beneficial changes in the Physical, Emotional, Mental and Spiritual states.

In every culture and in every medical tradition before ours, healing was accomplished by moving energy.  
(Albert Szent-Gyargyi, Nobel Laureate in Medicine)

**THE DATA PROTECTION ACT**

THE BMS-IHF COUNCIL & BMSI COMMITTEES WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, OTHER HEALING ORGANISATIONS e.g. BAH, UKH or CHO..

BMS-IHF Registration Number is PZ656262X

Please visit our websites for links to our German and other healing organisations' activities:

[www.bmsihf.co.uk](http://www.bmsihf.co.uk) & [www.bmsi-eu.net](http://www.bmsi-eu.net)

**I am timeless in being.** On earth I live in a virtual world and in linear time, to experience myself in being human. But through my True Self I always remain a part of The Divine. Any feeling of separation comes from my human me and is an illusion. Experiences let me realize again and again that in truth I am pure love. This insight leads me out of illusion into being and allows me to feel who I am in reality. My mind thinks universally and is at one with all that is. I am timeless in being.

(Brigitte Lina & Anna Noe-Just)

*Psychologically, ego consciousness is a transference and grafting of a false personality.*

(Yogananda)

*"I AM in touch with the power of my own light. I am being filled from the source within me."*

(Shakti Gawain)

*"There stands One nearer to you than any words can tell."*  
(These contributions sent by Liz Tregoning)

*(To conclude this Link 64, may I leave you, until Link 65, with more wisdom below from Brigitte Lina and Anna Noe-Just, Graz. - William)*

**I AM  
A Divine Light,  
A radiating entity on Earth.  
In each and every moment  
I am aware of my Divine origin  
My life is rich in possibilities.  
I use all my capabilities  
to express what I am –  
a Divine Light manifested in a  
human body, with the sacred  
task of co-designing this  
planet.  
This light pours out of every  
single cell; my heart is full of  
compassion and my being  
human is sustained  
by purity and unity.  
I am a radiating light on  
Earth.**

**YOUR MEMBERSHIP & INSURANCE  
WILL EXPIRE ON 31.3.17.  
WE HOPE YOU WILL RENEW!**

Subscriptions + Insurance  
are due 1st April.

**If not paid, it is illegal  
to display a BMS-IHF certificate**

	Subs	Ins.
Full Contact Healer	£22.00	+ £5.27
Distant Healer	£22.00	+ £5.27
Trainee Contact Healer	£22.00	+ £5.27
Trainee Distant Healer	£22.00	+ £5.27
Practitioner/Therapist	£22.00	+ Own ins.
Friend Member	£10	Nil ins
Initial Registration	£8	

For Multi-therapy insurance, contact Balens direct  
Please send Cheques to the  
Subscriptions Secretary, payable to BMS-IHF.

**THERE SHOULD BE RECOGNITION OF GOD'S OMNIPRESENCE  
IN ALL HUMAN BEINGS** (SAI BABA)