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Quarterly Newsletter  
**Body Mind & Spirit  
International  
Healing Federation**  
[www.bmsihf.co.uk](http://www.bmsihf.co.uk)



BAHA

BMS-IHF is a member of BAHA - British Alliance of Healing Associations, Registered charity No. 284546

**SPRING 2016**

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### HONORARY TRUSTEES:

**Chairman & Editor**  
**Mr William Lambert**  
PO Box 134, Horsham  
West Sussex, RH13 5FG UK  
Phone: (0) 1403 255 025, Email:  
[wilambert.bmsi@tiscali.co.uk](mailto:wilambert.bmsi@tiscali.co.uk)  
websites:  
[www.bmsihf.co.uk](http://www.bmsihf.co.uk)  
[www.bmsi-eu.net](http://www.bmsi-eu.net)  
ALL UK CORRESPONDENCE  
TO PO BOX 134, HORSHAM  
WEST SUSSEX, RH13 5FG, UK

Hon. Secretary & Cancer  
Support Coordinator:  
**Mrs Angela Savage**  
Phone: **MOVING to Dorset**  
Email: [angescorpio@aol.com](mailto:angescorpio@aol.com)

Membership Secretary,  
Database & Website:  
Mr Simon Blackwell (USA)  
Email: [simon@pdispirit.com](mailto:simon@pdispirit.com)

Treasurer - **VACANT**

Subscriptions & Minutes Sec:  
Ms. Catherine Evans, (WALES)  
NEW Phone: 01446 710 889

Councillors:  
Mrs. Marianne Dyer  
Phone 01403 822 811  
Mrs Jennifer Jones  
Phone: 01403 266 800  
Co-opted; Ms. Penelope Nichols, Mentor  
Phone: 01903 775 162

Councillor & BMSI Trainer  
**Mr. Alan Carter, Leader,**  
**Glastonbury,**  
Phone 01458 837 800  
e-mail: [a.carter4@btinternet.com](mailto:a.carter4@btinternet.com)

Friends Representative:  
Mrs. Valerie Jennings c/o 01403 255 025  
Office helper: Ms. Angela Reynolds  
Phone: 01403 255 025  
Training Advisors  
Ms Kirsty von Bock  
Mrs Diane Clarke

**GLASTONBURY:**  
Alan Carter's group was  
successful and in  
October, 3 of his  
trainees came to  
Horsham for their final  
interviews and are now  
Full Healers.  
Congratulations to:  
Paula Ross  
Vanessa Rendell  
Pippa Lovell

### OUR EU COURSES CONTINUE



**Ulrike Weissenbacher**  
[Ulrike.weissenbacher@skynet.be](mailto:Ulrike.weissenbacher@skynet.be)  
Skype Name: **ulriweiss**  
Mobile: **+32 476 426661**

### VIENNA

**12 -14 February 2016:**  
Advanced course for people who  
have attended  
WLI Course IV or higher.

**5 - 8 May 2016:**  
WLI course III  
For those who have attended WLI  
courses I and II.

Contact: **Elisabeth Sonnleitner**  
**0043 -(0)676 324 47 70**  
[elisson@chello.at](mailto:elisson@chello.at)  
**Meditations VIENNA**  
**Eva Pohn &**  
**Elisabeth Sonnleitner**

**AUGSBURG courses 2016**  
WLI/I: 11/12 & 25/26 June  
WLI/II 5/6 & 19/20 November

Courses Contact:  
**Walter Scheiblhuber**  
**0049 - (0)821-29 72 439**

Weekly meetings are held in  
**AUGSBURG/FREIDBURG**  
Contact: **Anna E Wunsch**  
**0049 - (0)821 - 43 15 00**

**BRUCK/MUR**  
**Claudia Breidler**  
**0043 (0)664 453 09 91**  
[Breidler.claudia@a1.net](mailto:Breidler.claudia@a1.net)

### A SCIENTIST ON HEALING

I visited the wife of a scientist for the purpose of healing, and she explained to him the feeling of inward heat that followed our prayer for healing. "I believe that," said the scientist, "because my studies in the vibrations of sight and sound have shown me that such a thing must be." "Why?" I asked. "Can you tell me in simple words so that I can understand?" "There are vibrations of sight that the human eye cannot register," he explained, "because they vibrate at too high an intensity and too fine a wavelength." "Like the light of an X-ray machine?" I asked him. "Yes. And the ultra- violet ray and the infra- red ray. Also, there are vibrations of sound that the human ear cannot register, because they vibrate at too high an intensity and too fine a wavelength. We have investigated these forces at great length in the interests of radio and television. And in the course of our experiments we have come to the conclusion that a vibration of very very high intensity and an extremely high wave-length, with tremendous healing power, caused by spiritual forces operating through the mind of

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### ANNOUNCEMENTS

**Administration:**  
contact **William Lambert**, see **Trustees column**

**TRAINING:**  
**FOR HORSHAM & DISTRICT:**  
**WILLIAM LAMBERT**

**GLASTONBURY & DISTRICT:**  
**ALAN CARTER**

**FOR CANCEL SUPPORT:**  
**ANGELA SAVAGE**

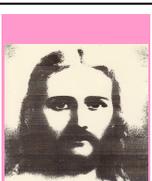
(DETAILS ARE IN TRUSTEES COLUMN)

**FOR EU PROGRAMME:**  
CONTACT  
[www.bmsi-eu.net](http://www.bmsi-eu.net)  
**EVA POHN,**  
for **VIENNA**  
**0043(0)699-125 90 614**  
**OR WALTER SCHEIBLHUBER**  
for **AUGSBURG**  
**0049(0)821 29 72 439**

**Our EASTER MEDITATION** will be postponed until summer due to William's delayed hip operation.

DETAILS TO FOLLOW

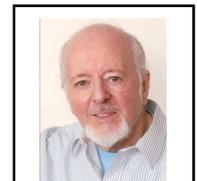
### DO YOU SEE THE PARALLELS IN THE TEACHINGS OF JESUS AND SAI BABA?



*Do not judge others, so that they will not judge you, for God will judge you in the same way as you judge others.*  
(Jesus)



*Pardon the other man's faults, but deal harshly with your own.*  
(Sai Baba)



William, Horsham

**Many are called, but few are chosen. Quality, not quantity.**

**Ronald Beesley.**



(Sri Sathya Sai Baba)

**REALITY & UNREALITY**

*The value that has to be inculcated is discrimination between the fleeting and the fundamental, the trivial and the precious. Do not tell students that the world is an illusion. It is real, intensely real, as long as we are present here. Let people live lives with deep interest in the process.*

*For a meal that takes up a few minutes, we take trouble to make it a tasty, delightful experience. Then for a life that covers long decades, should we not take the trouble to make it tasty? What imparts taste to living? Good thoughts, clean habits, virtues, good deeds – these provide charm and delight to life.*

*Do not go home and loll in an easy chair, with your head swollen with pride that you are a “teacher” or a “student”.*

*Share joyfully in the work that your mother or father does. That makes living delicious.*

**INVOLVE TO EVOLVE!**

**YOUR MEMBERSHIP & INSURANCE EXPIRE on 31.3.16**

**WE HOPE YOU WILL RENEW!**

**Subscriptions + Insurance are due 1st April.**

**If not paid, it is illegal to display a BMS-IHF certificate**

	Subs	Ins.
Full Contact Healer	£22.00	+ £5.25
Distant Healer	£22.00	+ £5.25
Trainee Contact Healer	£22.00	+ £5.25
Trainee Distant Healer	£22.00	+ £5.25
Practitioner/Therapist	£22.00	+ Own ins.
Friend Member	£10	Nil ins
Initial Registration	£8	

*Please send Cheques to the Subscriptions Secretary, payable to BMS-IHF.*

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...mind of man, is the next thing science expects to discover.”

“You speak of this as a vibration,” I replied. “but your wife felt it as heat. Why was that?”  
“She did not feel that actual energy that entered her. She perceived only the effect of the energy and it felt to her like heat. It was not the heat that healed her. The light that you see in an electric light bulb is not electricity itself. Electricity is invisible. The light is only the result of the electricity acting upon the wire.”

*So it is with the healing light of God. It is registered in different ways in different people. Most of us grown up people have become so dull in spiritual perception that we do not feel it at all, even though it works towards a healing. But children nearly always perceive it, either as heat or as a force that they cannot describe, but always compare it with electricity.*

(Agnes Sanford “The Healing Light”)

“You see so many light bulbs glowing in a city.

**What is responsible for the bulbs to glow?**

**Is it the electric current or the wire?**

**When you enquire, you come to know that all are important.**

**Consider truth as the electric current,  
peace as the bulb, right living as the wire and love as  
the light that emanates.**

**If you want to have the light of love,  
You should have the bulb of peace, the wire of right  
living, and the current of truth.  
Then all become One.**

(Sri Sathya Sai Baba)

**BMS-IHF complies with the new  
Consumer Protection Regulations 26.5.08**

**Our members strictly abide by BAHA  
Code of Conduct (updated 27.10.12)  
& No.1 Standards in UK**

**Our healers balance energies so as to  
encourage beneficial changes in the Physical,  
Emotional, Mental and Spiritual states.**

**In every culture and in every medical tradition before  
ours, healing was accomplished by moving energy.  
(Albert Szent-Gyargyi, Nobel Laureate in Medicine)**

**THE DATA PROTECTION ACT**

**THE BMS-IHF COUNCIL & BMSI COMMITTEE  
WILL NOT SANCTION PERSONAL DATA BEING  
PASSED TO OUTSIDE BODIES OTHER THAN,  
POSSIBLY, OTHER HEALING ORGANISATIONS  
e.g. BAHA, UKH or CHO..**

BMS-IHF Registration Number is PZ656262X

BMSI Registration Number is PZ6562587

**Please visit our websites for links to our German and  
other healing organisations’ activities:**

[www.bmsihf.co.uk](http://www.bmsihf.co.uk) & [www.bmsi-eu.net](http://www.bmsi-eu.net)

(Eileen Caddy, *Opening doors  
Within*, ISBN 0-905249-66-6)

**Make Time To Search Your  
Heart**

Are you taking anything or anyone for granted? Do you ever feel bored and fed up with life?

Are you a giver or a taker? Is your life one of service to your fellow human beings, or do you demand certain rights for yourself?

You cannot expect to find true and lasting happiness unless you give, and are there to serve without any demand for the self in any way.

Only when you can accept that this life is a life of service, a life of giving, a life of complete dedication to Me and in My service, a life where the self is forgotten and you are living for the whole, can you understand what I mean when I say that it is indeed a full and glorious life you are living and how mightily blessed you are.

So start right now expanding your consciousness. Start living and working for the whole, and see how your entire outlook and attitude will change.

*Sogyal Rinpoche, Glimpse After  
Glimpse, ISBN 0-7126-6237-5)*

**EGO**

**Imagine a person** who suddenly wakes up in the hospital after an automobile accident to find that she is suffering from total amnesia. Outwardly, everything is intact. She has the same face and form, her senses and her mind are there, but she does not have any idea or trace of a memory of who she really is.

**In exactly the same way,** we cannot remember our true identity, our original nature. Frantically, and in real dread, we cast around and improvise another identity, one we clutch with all the desperation of someone falling continuously into an abyss.

**This false and ignorantly  
assumed identity is  
“ego”**

The ultimate purpose of all spiritual practices is to awaken the intellect.

(Sai Baba)