



the LINK the LINK

Quarterly Newsletter
**Body Mind & Spirit
International
Healing Federation**
www.bmsihf.co.uk



BAHA

BMS-IHF is a member of BAHA - British Alliance of Healing Associations, Registered charity No. 284546

AUTUMN 2011

Link 41, page 1

HONORARY TRUSTEES:

Chairman & Editor
Mr William Lambert
PO Box 134, Horsham
West Sussex, RH13 5FG UK
Phone: (0) 1403 255 025

Email:
wlambert.bmsi@tiscali.co.uk
websites:

www.bmsihf.co.uk
www.bmsi-eu.net
ALL UK CORRESPONDENCE
TO PO BOX 134, HORSHAM
WEST SUSSEX, RH13 5FG, UK

Asst. Membership
Secretary:
Mrs Angela Savage
NEW Phone: (0) 1403 864 110
Email: angescorpio@aol.com

Membership Secretary,
Healer Referral, Database &
Website:
Mr Simon Blackwell (USA)
Email: simon@pdispirit.com

Treasurer & Mentor:
Mrs Nicola Shute
Phone: (0)1403 267 799

Subscriptions & Minutes Sec:
Ms Catherine Evans,
Phone: (0)1825 723 173

Councillor & Leader of
Healing Practice:
Mrs Brenda Richards
Phone: (0) 1403 700 264

Councillor :
Mrs Valerie Jennings
Phone: (0) 1403 783 255

Councillor Mrs Jennifer Jones
Phone: (0) 1403 266 800

Councillor, Mentor, & Asst..
Leader Healing Practice
Mrs Maggie Walton-Thenet
Phone: (0) 1403 241 894

Training Advisor
Ms Kirsty von Bock
Phone: 07545 774682
Kirstyvonbock17@virginmedia.com
Accounts Independent
Examiner: To be advised

MESSAGE FROM PRASANTHI COUNCIL

Michael G. Goldstein, MD, Chairman

Dear Brothers and Sisters, Sai Ram!

Our Beloved Bhagavan Sri Sathya Sai Baba, our Dearest Swami,

elected to leave His Physical Form, at 07.40 am, April 24, 2011 due to cardio-respiratory failure according to the report of the attending physicians. We grieve the loss of our Beloved Swami, the embodiment of Divine Love, who has left us on this Easter Sunday, this day of Divine Resurrection. We lament the greatest loss that we will ever sustain.

No words that are written or spoken by anyone can completely assuage our grief or allay our apprehensions about the future. However, we can waste the remainder of our lives grieving for the loss of His Physical Presence, which accomplishes nothing.

Or, we can accomplish everything, the fulfilment of our spiritual destiny that He ordained, by Devoting our lives to Him and to His Divine Message of selfless love and service.

Before, He lived in our spiritual hearts and also in the Presence and Identity that He assumed in the world as our Beloved Swami. Now He lives only in our spiritual hearts, as the Lord of Lords, Bhagavan Sri Sathya Sai Baba. Now, we must turn inward to experience His Divine Presence and Love.

Our mischievous and wayward minds wreak havoc in these solemn moments. The mind asks to no avail. It perplexes and perturbs us. Our heart answers. It consoles and enlightens us. Similar questions are being asked in many places. Why did He leave us now? We expected 10 more years.

Actually, according to the lunar calendar which has been used by Hindus and others, Swami lived to 95 years, not 85 years. Perhaps He left us sooner than expected. However, Our Beloved Bhagavan Sri Sathya Sai Baba is not confined by the demise of the Physical Presence and Identity that He assumed, nor is He constrained by time. He will be with us forever.

What will we do now if we are left to our own devices without the comfort of knowing that He is always there? Has He not been our source of selfless love and wisdom, our recourse in all of the travails of life?

He has always been there and always will be there! Just as our mothers and fathers were our protectors when we were children, Swami has been the Divine protector for all of us, young and old. "Being there" is being accessible to us always, whenever or wherever there is a need. He resides in our spiritual hearts. He is "always there" for each and everyone of us whenever and wherever we need Him. This has not changed. It will always be so. This is Divine Truth impervious to time and unaltered by the demise of His Physical Body.

(If you would like to see the rest of this long message, please send an email to wlambert.bmsi@tiscali.co.uk and I will return it by email. William)

Sai Baba's body is now buried in the Puttaparthi Sai Kulwant Hall, under the place from whence He delivered many of His discourses.

Reports state that He announced that He will re-incarnate 90 km away in Doddamallur in the year 2024, as Prema Sai, and that His mother will be the reincarnation of Professor Kasthuri, who was His translator for many years, and who wrote many of the books. It is also reported that He will not announce Himself until aged 18. However, pilgrims are already drifting from Puttaparthi to Doddamallur....

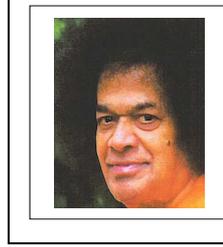
Perhaps the power there has to be built up?

His omnipresence has been both felt and noticed, from 25.4.11 onwards, by many people. A Divine Resurrection. He has not gone anywhere! (William)

BABA:

Love, Love, Love first. Love, as long as life lasts. For myself, I can say, I shower more blessings on those who decry or defame me than those who worship and adore me! For, those who spread falsehoods about me derive joy therefrom; I am happy that I am the cause of their exultation and joy. You too must accept this line of argument and be very happy when someone derives joy by defaming you. Do not respond by defaming that person, for then the chain of hatred will bind both and drag both down. Life will become a tragedy. Conquer anger by means of fortitude; conquer hatred by love.

Do not feed anger with retaliation; do not feed hatred with fury.



We meet nearly every Monday at 7.30 pm (except bank holidays) For dates see BMSI News

'HEALING FOR EVERYONE' public meetings in the Friends Meeting House (FMH) Worthing Road Horsham RH12 1SL

Contact:

**William Lambert
01403 255 025 or
Brenda Richards
01403 700 264
Maggie W-Thenet
01403 241 894**

For training, please contact William

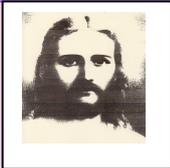
**Sunday 17.7.11
Harry Edwards
Healing
Sanctuary, Shere
SUMMER SEMINAR**

for you & friends:

**Morning:
MERIDIAN
TAPPING
THERAPY
Nick Nash
Afternoon:
CIRCLE
DANCING
Lynn Frances**

£20 - Contact:

**William
as shown above**



JESUS:

Happy are you when people insult you and persecute you and tell all kinds of evil lies against you because you are my followers.

Be happy and glad, for a great reward is kept for you in heaven.

This is how the prophets who lived before you were persecuted.

Baba: God is the echo of the hills, the flutter of the leaves, the whisper of men, the babble of children and the OM that is wafted everywhere. God is present in all places.....



My Life is a commentary on My Message.

Observe Me. What benefit can I derive from all My activity, yet you will find Me busy from dawn to dusk.

Give up envy. Be happy when another is happy.

Be unmoved either by adulation or denigration. Follow My lead. I am unaffected by either, and march on alone, undeterred.

My hand always gives, it never takes. I am an example, in whatever I do or omit to do.

My Life is My Message and My Message is Love. Love all, serve all.

Help ever, hurt never
(Sathya Sai Baba, the Poorna Avatar)

Swami left His physical body on Easter Sunday 24.4.11, at 7.40 a.m.

MOTHER THERESA: "ANYWAY"
People are often unreasonable, irrational, self-centred.

Forgive them anyway.

If you are kind, people may accuse you of selfish, ulterior motives. Be kind anyway.

If you are successful, you will win some unfaithful friends and some genuine enemies. Succeed anyway.

If you are honest and sincere, people may deceive you. Be honest and sincere anyway.

What you spend years creating, others could destroy overnight. Create anyway.

If you find serenity and happiness, some may be jealous. Be happy anyway.

The good you do today, will often be forgotten.

Do good anyway.

Give the best you have, and it will never be enough.

Give your best anyway.

In the final analysis, it is between you and God.

It was never between them anyway.

(Contributed by Walter Scheiblhuber, Germany, who translates The Link into German – see www.bmsi-eu.net)

The following is part of a **Press Release by the Trustees of Sri Sathya Sai Central Trust, June 28, 2011**

1. Ever since Bhagavan Baba was admitted to the hospital there has been a flurry of news reports in the print and electronic media about His health and treatment, His attaining Maha Samadhi (passing) and the subsequent opening of his private chambers in Yajur Mandiram. The Trustees of Sri Sathya Central Trust, are issuing this statement in order to give a true and fair picture of the events.

PRECIS:

2. When the first floor of the private chambers was accessed, a large amount of unbanked cash, gold, silver and jewellery was found.

3. An inventory was done in the presence of all the Trustees.

A valuation was done concurrently by a Government valuer.

7. The media has been misreporting these and other facts.

13. The Trustees recognise the need for public dissemination of information as enshrined in the Indian legislation.

14. The Trust would like to assure the public that all institutions set up by Bhagavan Baba will be administered well and transparently and that they will uphold all the ideals of Bhagavan Baba. The public are requested not to be misled by false propaganda.

To view our updated events - please go to www.bmsihf.co.uk and click on Dates –BMSI online calendar - scroll down to bottom right hand corner and click on Google calendar.

THE LIFE & PASSING OF AVATARS
4th Chapter of the Bhagavad Gita explained:

- **The Universe** revolves around the moral code of selfless sacrifice. It has been so from day one, but from time to time, people forget this basic lesson, which in turn leads to the spread of unrighteousness. To correct this imbalance, the Lord occasionally incarnates as a human.

- **The Lord descends** so that man may ascend. The Lord has nothing to gain, but man has everything to gain. Thus, incarnation itself is a selfless act.

- **The life of an Avatar** also is a model of selflessness, which is not surprising because it is the same Lord who incarnates.

- **The Poorna Avatar** comes down with the full complement of Divine Powers, but hardly ever exercises them, being more intent on living as a human and setting examples at the purely human level. Needless to say, this is done so that the example will be dutifully emulated, and in the process humans raise themselves to the level of Divinity.

- **The Avatars** not only voluntarily forego the exercise of Divine powers available to them (except when absolutely necessary) but also shed their mortal coils as ordinary humans do.

- **Because Avatars** live like normal humans do, their Divinity is not often perceived, except by a blessed few. In the case of a few others, it is perceived at times and remains clouded at other times.

- **Contrary to popular impression**, the main mission of the Avatar is not to go about wielding the sword or some such weapon, but to live so that the Avatar's life itself becomes a message (as Swami says). This is true not only of the Sai Avatar, but also of Krishna and Rama as well. Naturally, the message remains the same.

- **Avatars shroud themselves** with the veil of Maya (illusion), which makes it difficult for followers to clearly perceive their Divinity. Most never do, some do occasionally while a blessed few, hardly a handful, are always conscious of the fact that the one who looks and acts like a human being is none other than the Supreme Lord Himself.

- **Another unique aspect of Avatars** is that their birth is not the causal effect of actions of previous births, as in the case of ordinary mortals. Avatars are totally beyond the laws of cyclical births.

HUMAN BEINGS

- **People are made differently** and have different aptitudes. **Mackenzie says:** "Thou shalt labour within thy province, With all thy heart and with all thy soul And with all thy strength and with all thy mind". **Thomas Carlyle says:** "Know what thou canst work at, and work at it like Hercules".

The Gita says:

"Offer your work at the Lotus feet of the Lord as your humble flower of worship, without any thought whatsoever of reward".

Karma Yoga:

The Universe cannot exist without action; everyone acts – the Sun, the Moon, the Planets; so too must man.

The human body is given precisely for that purpose, i.e., to act. But it must be good action so as to be called Karma.

Karma Yoga is when they are dedicated to the Lord.

Good acts are necessary to purify one's heart.

The road to God within the heart starts with acts in the outside world dedicated to Him. (Message of the Lord ISBN-81-7208-284-3)

BMS-IHF complies with the new Consumer Protection Regulations 26.5.08

Our members strictly abide by BAHA Code of Conduct (updated 11/08)

& No.1 Standards in UK

Our healers balance energies

so as to encourage beneficial changes in the Physical, Emotional, Mental and Spiritual states.

In every culture and in every medical tradition before ours, healing was accomplished by moving energy.
(Albert Szent-Gyargyi, Nobel Laureate in Medicine)

THE DATA PROTECTION ACT

THE BMS-IHF COUNCIL & BMSI COMMITTEE WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, OTHER HEALING ORGANISATIONS e.g. BAHA or CHO.

BMS-IHF Registration Number is PZ656262X

BMSI Registration Number is PZ6562587

Please visit our websites from which there are links to our German and other healing organisations' activities:

www.bmsihf.co.uk & www.bmsi-eu.net

We regret that due to rising costs, it became necessary to increase your subscription to £22. **PAYMENT WAS DUE IN FEBRUARY & FOR THOSE WHO HAVE NOT RENEWED, YOUR INSURANCE EXPIRED ON 1.4.11**

Subscriptions & Fees + Insurance

Now due annually **in February** for 1st April.

If not paid, it is illegal to display a BMS-IHF certificate and your insurance will have expired.

	Subs	Ins.
Full Contact Healer	£22.00 +	£4.89
Distant Healer	£22.00 +	£4.89
Trainee Contact Healer	£22.00 +	£4.89
Trainee Distant Healer	£22.00 +	£4.89
Practitioner/Therapist	£22.00 +	Own ins
Friend Member	£10	Nil ins.
Initial Registration	£8	

Please send Cheques to the Subscriptions Secretary, payable to BMS-IHF.