



**BMS-IHF
Honorary Trustees**

Chairman Mr William Lambert
PO Box 134, Horsham
West Sussex, RH13 5FG UK
Phone: (0) 1403 255025
(0) 1403 268898

Email:
wlambert.bmsi@tiscali.co.uk
Web Sites:

www.geocities.com/bmsiuk/ihf
& www.bmsihf.co.uk

**PLEASE ADDRESS ALL UK
CORRESPONDENCE TO
PO BOX 134, HORSHAM
WEST SUSSEX, RH13 5FG, UK**

Asst. Membership Secretary:

Mrs Angela Savage
Phone: (0) 1306 628 008

Email: angescorpia@aol.com

**Membership Secretary, Healer
Referral, Database & Website:**

Mr Simon Blackwell (USA)
Email: simon@pdispirit.com

Treasurer:

Mrs Nicola Shute
Phone: (0)1403 267 799

Subscriptions & Minutes

Secretary: Ms Catherine Evans,
Phone: (0)1825 723 173

**Councillor & Leader of Healing
Practice:**

Mrs Brenda Richards
Phone: (0) 1403 700 264

**Councillor & Assistant Leader of
Healing Practice :**

Mrs Valerie Jennings
Phone: (0) 1403 783 255

Councillor: Mrs Jennifer Jones
Phone: (0) 1403 266 800

Councillor:
Mrs Maggie Walton-Thenet
Phone: (0) 1403 241 894

Co-opted Councillor

Mrs Louise Nadim
Editor: William Lambert

Training Advisor

Ms Kirsty von Bock
Phone: (0) 1293 552 600

Email: kirsty.von_bock@virgin.net

Auditor: to be advised

**For Training & Talks &
other details
See BMSI NEWS**

**OUR 8th
ANNUAL GENERAL
MEETING was held on
TUESDAY 9.6.09 in
FRIENDS MEETING
HOUSE, HORSHAM**

**There were no changes to
Council members.**

**The main change this year
was that as the Old Town
Hall is said to become a
restaurant, we arranged a
trip to Harry Edwards
Healing Sanctuary instead.
See top of side 2 of this Link.**

**Our training has been
Accredited Stage 4 by UK
Healers.**

**If you require copies of the
AGM minutes and reports,
please contact William**

The Light of Creation, draws all life back to itself, just as a flower arises and opens itself gently to the sun. The Love of Creation, holds all things together.

Each one of us is like a seed planted by the Creator, of whom we are part, in the same way that our children are part of us. Once our children are adults, we let them go and yet we still have an unbreakable bond with them. We love our children dearly, no matter what they do – and this is also true of God’s love for us. The creative and divine energy that we call God is forever exploring itself, both positive and negative, through the consciousness and progress of all life in the cosmos. We need to remember at all times that we are a representative of the highest energies.

When children grow up they put their childhood games behind them. The same is true for ourselves as we seek for truth. It is necessary to think carefully about our human values and all that we think, say and do. All human beings go through many testing experiences, caused by our own decisions, in order to gain spiritual understanding. Have you been able to transform your life yet? Has the great change come about, or are you still waiting for pieces of the jigsaw to fall into place? Is it your circumstances that are holding you back, or is it you yourself? Have you given up the games, activities, attitudes, trivialities and unnecessary desires that are delaying your emergence from your chrysalis?

Your own Higher or True Self is watching, waiting for you to change, to respond more and more to its higher call. Each one of us has the potential to experience a complete rebirth within the one lifetime.

Once we have made the decision to change, it is not all plain sailing – for nine months or so we go through the most difficult time we have endured. One step forward and two steps back.... We say “Oh God, I can’t do it – it is too hard!” But we must endure and become strong if we are to earn the right to move on; if we falter, we shall not find our true work until another lifetime. To work is the destiny of a human being. So for the sake of our True Self, the sooner we accept the responsibilities, the better our life will become. The path of discipleship is a path of discipline. We become more careful in everything we take on and we do our work with increased understanding. Do not waste your incarnation.

We become wiser as we look at life and its problems and challenges with the different awareness of our own True Self. To do this we learn in meditation to fly as a bird and go into a higher sphere of ourselves and look in from the outside. One way is to use our imagination and visualize that we are standing on the moon and looking down at the fantastically beautiful jewel of the slowly spinning planet earth, with the blue of its seas, the green of its forests, the glistening white of the sun-kissed snow capped mountains, with white, wispy clouds gently flowing around that shining jewel. Then, similarly, to go outside of oneself and observe what is happening. How are you living your life? As you live in the now, what are your most important priorities – are there any ‘games’ that no longer belong? Have you overcome the childish tantrums and emotional outbursts of your lower earth ego? What triggers them? Have you overcome pride, jealousy and hate – these are indulgences that no longer belong to the arising Self. To fulfil your destiny, there is a need to become balanced and more Christ-like.

Before transformation comes, the seeker on the path can go through a seemingly never ending winter of despair as we begin to observe ourselves from the higher perspective. It is these challenges which will ask you to change in order to bring out your true potential. Each morning there is a need to take 20 minutes to dedicate ourselves to the coming day, allowing our own and other higher levels of consciousness to guide our thoughts, words and deeds. There is a tremendous support system of many loving souls in the higher worlds with whom you are linked through family or friendship bonds from this and previous lifetimes. You are a representative on earth of that community.

What task have you agreed to do on earth for that group? What is your personal Plan? What spiritual lessons do you still need to learn? How mature are you? What strength do you have? What weaknesses must be overcome? In order to identify these, ask in meditation why you acted in a particular way. What was the cause? What inner problem is still being worked upon? In truth, there are no problems, only attitudes that cause the problems. So examine your attitudes.

All are equal in the sight of God. This means that all life has an equal right to evolve towards greater perfection, even a blade of grass or a worm! Think how far you have already travelled, from your ancient self to the present. So put away your fears, hold your head high and walk tall towards your future with confidence. If you make a mistake; correct it. If you do a job that is not as it should be, do it again. This is all part of your learning process by which you will become stronger and more knowledgeable. Notice the finer details of the world around you – these are all part of you and respond to your consciousness. When you see something that isn’t right, send out healing and loving thoughts. If you feel that higher help is called for, say “Lord, please may I hand over this problem to you?” Or, “May the highest energies come, in whichever way is right for the highest good of this person/situation.”

Teamwork is the theme, teamwork with those in your group on earth or in the higher realms. Some are there to support; some are there to lead. We all help those who come behind. Lead by example.

Our work becomes more than just planetary; it echoes out into the far reaches of the Cosmos. Every leaf that falls is recorded in the stars. Live in the now, let go of the past and let the future take care of itself. Today is the tomorrow that perhaps you worried about yesterday!

Your work now goes far beyond the individual, one-to-one level. You serve not only the race of humanity, but also all the kingdoms in nature and Creation, beyond the beyond. Do your work well; grow and develop.

You are part of the great ocean of Love and Light;

You are a co-creator with and in God.

(William)

We meet nearly every Monday at 7.30 pm (except Bank holidays) for training

For dates see BMSI News

We also offer ‘HEALING FOR EVERYONE’

Public meetings fortnightly (except Bank holidays) In the

**Friends Meeting House
Worthing Road
Horsham
RH12 1SL**

For dates, see BMSI News

Contacts:

**William Lambert
01403 255 025 or
Brenda Richards
01403 700 264
Valerie Jennings
01403 783 255**

The essence of life is carried in our blood. “The same stream of life that runs through the world, runs through my veins night and day and dances in rhythmic measure. It is the same life that shoots in joy through the dust of the earth into numberless blades of grass and breaks into tumultuous waves of flowers. It is the life-throb of the ages, dancing in my blood this moment.”

(Tagore)

May all Blessings be upon you now and in the future





William's 80th birthday party for the BMS-IHF group took place in the Harry Edwards Healing Sanctuary, Shere, Surrey, on Sunday 14.6.09. Many, many thanks to all those who helped, contributed and attended.

Some members had to leave before the photo was taken; many have moved to other parts of the UK or other countries, so we were sad that it was too far for them to attend - although David Tenneson (beige suit, past Vice-Chairman) came from Spain. The weather at HEHS was perfect and we were shown all over the premises, which have been renovated and improved to a very high standard. Superb arrangements for the day were made by Angela Savage (3rd from right in the white short-sleeved cardigan) and her team. Angela now works full-time in the HEHS Sanctuary, where our day commenced with refreshments at 11.00 hours, followed by a talk about The Sanctuary and Harry Edwards' personal history – then a tour of the house and lunch, which most people enjoyed in the grounds. Entertainment was provided in the afternoon, when Diane Clarke, with great humour, presented an hilarious story based on an idea from Angela, about William's life and work. In the story, long ago, a young cave dweller called Willi-Ohm, is out foraging for berries, when from a burning bush, he hears a loud voice and he is presented with 10 tablets of stone on which are carved the 10 Codes of Conduct that will be the basis for Healing and Teaching for now and always, etc.etc. Many lifetimes later, Willi-Ohm reincarnates into the Stable and Horses pub, where in the Manger Bar, he is laid in a beer crate, although the pub is full with football attendees, sleeping it off, having partaken too freely of the fruit of the barley and the hops! (And so the merry story goes on at length (but too short!)). Copies can be emailed or posted by William.

(The family celebrations took place at his daughter's new home near Hertford on 27.6.09)

ON INSPIRATION

What is inspiration that it should bring such loneliness to a loving heart, such isolation to an enquiring mind?
 For the child within has never found its place, nor understood why such a beautiful world should so easily disregard the sacred and surround it with fearful superstition.
 Why should a child's mind, clear, hopeful, expectant, be filled with anything that could limit its possibilities or in its most responsive years, be punished into obedience?
 Each generation, being responsible for the next, will come in time to depend upon it.
 How do we respect the very old, regard those no longer in work? How do they see themselves?
 We complete our lives in some measure according to the imprint of its beginning.
 Inspiration, in seeing beyond, discovers a rare knowledge of self and its expression in forms helpful to all.
 Yet the wisdom eye sees also how progress is often drawn down into the mediocrity of culture, imprisoned in the familiar, feeding more on the sensation that blunts feeling and unwilling to give a fair space to the unknown.
 Without the inspired mind we would go nowhere.
 Will its price always be loneliness and isolation? *(Peter Goldman)*

Our parents are the father and mother of this body.

God is One; there are not many Gods, one for each tribe among Men. Cultivate that attitude of Oneness between men of all creeds, all countries and all continents.
 God is the doer; you are but the instrument.
 God has to be recognised in all that exists, all that is charming, suffering, blooming or drooping.

Love is one; it transcends caste, colour and creed
 When heart speaks to heart, it is love that is transmitted.

Truth is one; there cannot be two.
 For two can only be One, occurring twice.

The Goal is One; for all roads must lead to the One God.
 Make the fullest use of your talents and march as long as you can, and pitch your tent nearer the goal, when darkness falls.
 If you know the road and the goal,
 then you can discover whether you are progressing or not.

You are the Embodiment of Bliss *(Sri Sathya Sai Baba)*

Our members strictly abide by the UK Healers & AHA Codes of Conduct (updated 11/08)

Our healers balance energies to encourage beneficial changes in the Physical, Emotional, Mental and Spiritual states.

Healing has not been scientifically proven.

We also comply with the new Consumer Protection Regulations against Unfair Practices 26.5.08

-----000-----

Please visit our websites from which there are links to our German and other healing organisations' websites:

www.bmsihf.co.uk
www.geocities.com/bmsiuk/ihf

THE DATA PROTECTION ACT
 THE BMS-IHF COUNCIL & BMSI COMMITTEE WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, OTHER HEALING ORGANISATIONS eg AHA, CHO & UK Healers

BMS-IHF & BMSI are registered with the Data Protection Register.
 BMS-IHF Registration Number is PZ656262X

Subscriptions & Fees + Insurance

are due annually on 1st April
 If not paid within 3 months, it is illegal to display a BMS-IHF certificate

	Subs	Ins.
Full Contact Healer	£20.00	+ £4.89
Distant Healer	£20.00	+ £4.89
Trainee Contact Healer	£20.00	+ £4.89
Trainee Distant Healer	£20.00	+ £4.89
Practitioner/Therapist	£20.00	+Own ins.
Friend Member	£10	Nil ins.
Initial Registration	£8	

Please send Cheques to the Subs. Secy, payable to BMS-IHF.



Wherever there is a vacuum in any heart, love flows into it and is glad that it can fill the emptiness. It is never held back, it is offered in abundance without guile or deceit

(Baba)

The Universe

has come from God, the Universal Consciousness. The multiplicity of forms are like the different kinds of figures made from sugar to attract children. The forms are different, but the basic consciousness is one. Just as a doll made from sugar is dissolved in the mouth, so the external form of the body should dissolve in the experience of Atmic bliss. The source of life is God. Change and evolution are natural to it. But the presence of the unchanging Divinity should be experienced within the changing body. Basic consciousness is One.

(Baba)