



THE Link

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Spring 2008

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Mondays 7.30 - 9.00 pm
Friends Meeting House,
Worthing Road,, Horsham
**For dates,
Training & Talks
See BMSI NEWS**

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COMMENCING IN 2008, We are offering A NEW ACCREDITED 2-LEVEL HEALING TRAINING COURSE plus PERSONAL DEVELOPMENT AND SELF-HELP Equivalent to NVQ Level 3

Certificated Level One: will be verbal, similar to other healing associations, i.e., without the written work but with verbal Q & A in the sessions.

Certificated Level Two: OPTIONAL: this more advanced level is the same as we have been doing since 1995, i.e., written homework for which we issue an additional BMS Healing Diploma. Successful candidates holding this diploma may use "MBMST" after their name.

This second level can also be taken as CPD, i.e. Continual Professional Development, after the level one verbal certification. A final CPD certificate will be awarded.

Other healing organisations can also be licensed by us to use our training material as CPD.

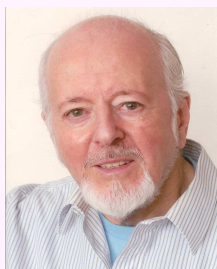
We completed a successful 3-year Pilot Study in 1998 for a Healing NVQ (National Vocational Qualification) which is still awaited from the Quality & Curriculum Authority. In the meantime, we are pleased to be able to continue offering this standard as our second level of achievement.

PLEASE CONTACT WILLIAM (01403 255 025) NOW TO REGISTER

Within this issue, flows the theme of water, the stuff of life.

You may like to use the selections as meditational themes.

William



The River of Life

We too are like bubbles in the river of Life and are part of the Absolute. We have made our life what it is, from our past decisions and experiences through the Ages. As the seasons and years of our life flow on into the future, we often become too busy, too encumbered, too much occupied, too active in our daily lives. Like a river, our lives are sometimes calm and manageable, but at other times outside disturbances come in, causing storms and floods.

The innocent can be caught up in both world or local events causing personal predicaments; we become involved in world or other people's karma. These things interfere with our life plan. Our river of life becomes muddied, as we follow our own unique way. Even our words and motives can be misunderstood. Others cannot always appreciate our experience, knowledge, reasons. / continued over:

Healing – "Man's noblest work of collaboration with God" (Dr. Martin Israel)

May healing energies flow through your hands.....

*The touch of human hands – that is the boon we ask;
To help us day by day along the stony way.
We need the comrade heart that understands
And the warmth, the living warmth, of human hands.*

*The touch of human hands – not vain, unthinking words,
Nor that cold charity which shuns our misery;
We seek a loyal friend who understands
And the warmth, the loving warmth, of human hands.*

*The touch of human hands – such care as was in Him
Who walked in Galilee beside the silver sea;
We need a patient guide who understands
And the warmth, the pulsing warmth of human hands.*

(Thomas Curtis Clark)

The Absolute

It is not possible to consider Creation, Nature and God as different or separate from each other. Just as a bubble is born in water, so too the Cosmos is born in the Absolute, exists as part of the Absolute and merges back into the Absolute.

Recognise this Truth that just as a bubble cannot be conceived without water, the Cosmos cannot be conceived without God.
(Sri Sathya Sai Baba)

**We meet
nearly every
Monday
at 7.30 pm
For dates and
venues see
BMSI News**

**MONDAYS
7.30-9.00 pm
For members and
the public
Meditation,
+Healing Clinic
appointments in
Friends Meeting
House
Worthing Road
Horsham
Contacts:
William Lambert
01403 255 025 or
Brenda Richards
01403 700 264**

**IMPORTANT
NOTICE
Our Thursday
Public Healing
Clinic has been
transferred to
MONDAYS
7.30 – 9.00 pm in
Friends Meeting
House
for dates
see BMSI news**

**for training,
please contact
William on 01403
255025**

**For Meditations
contact Angela
on
01306 628 008**

**PLEASE NOTE:
SUBSCRIPTIONS
ARE DUE FOR
RENEWAL 1.4.08
We regret that
our unavoidable
expenses have
increased and so
the basic
membership will
be £20 annually
instead of £18.50.
For full details,
see over.**

The River of Life - continued from page 1

To cope with the many contrasts and challenges of life, we need daily to let go of our earth consciousness, to go into our heart centre in meditation, to enter into the Silence of the Cosmic Presence within us – the silence of our own eternal Soul, True Self, I am.

Unfold your Soul and mingle with the Divine.

Restore peace and harmony into the very core of your being.

As the gentle fertilising power of our Soul is stimulated, it awakens within a thousand sleeping seeds and gathers around us materials for the future – and **images for the use of re-awakened or new talents**.

As Seekers on the Path and Bearers of the Light, we walk the lonely way and life at times will be challenging, as our future is awakened within us.

Be the practical mystic, let go of your earth ego and ensure that your hopes are not idle dreams. Your life will then unfold and your unborn future and energies will be manifested in the right way.

Like a Disciple, take your knowledge out into the highways and byways and share it with the ever evolving and growing River of Life.

Find your destiny!

(William)

Many souls are seeking an answer to all the chaos and confusion in the world at this time. Day by day it grows worse, but be not afraid, for things will have to get worse before they can get better. A boil comes to a head before it bursts, and then all the poisons are released and are cleared away. Things have to come to a head in the world before the poisons of hate, greed, jealousy and selfishness are released and healing can take place.

I need you at perfect peace within. You will find it as you keep your mind stayed on Me and can raise your consciousness, seeing only the very best. You cannot help the world situation if you allow yourself to become involved in it. You have to be immune to the disease or you too will contract it and then you will be of no use whatsoever. I need your help. I need you free. I need you at perfect peace. Then I can use you.

(Opening Doors Within, by Eileen Caddy, Findhorn Community)

A wave in the sea, seen in one way, seems to have a distinct identity, an end and a beginning, a birth and a death. Seen in another way, the wave itself doesn't really exist but is just the behaviour of water, "empty" of any separate identity but "full" of water. So when you really think about the wave, you come to realise that it is something that has been made temporarily possible by wind and water, and is dependent on a set of constantly changing circumstances. You also realise that every wave is related to every other wave.

(Glimpse after Glimpse, Sogyal Rinpoche)

Immerse yourself in the Cosmic Ocean. Celebrate farewell to the old and the arrival of the new. Accept change, transmutation; the events of the transition of the ages.

May you be given strength, to see everything that is new, like ebb and flow and may you be able to deal with it. Through you, everything that is new can arise. Think new thoughts and imagine what is unthinkable.

Open your heart to give space for all that you cannot grasp with your mind. **May you be part of the bright new world order on this beautiful planet Earth.**

(edited by William from a German translation, author unknown)

AGM 28.6.07 Minutes & Reports:

These are issued only to those who attend the meetings. If any other member requires copies, please apply to the Secretary.

Please visit our websites from which there are links to our German and other healing organisations' websites:
www.geocities.com/bmsiuk/ihf
& www.bmsihf.co.uk

THE DATA PROTECTION ACT
THE BMS-IHF COUNCIL & BMSI COMMITTEE WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, OTHER HEALING ORGANISATIONS eg AHA or CHO.

BMS-IHF & BMSI are registered with the Data Protection Register.
BMS-IHF Registration Number is PZ656262X
BMSI Registration Number is PZ6562587

NEW: we regret that there is an increase of £1.50 due to unavoidable additional expenses.

Subscriptions & Fees + Insurance
due annually on 1st April
If not paid within 3 months, it is illegal to display a BMS-IHF certificate

Full Contact Healer	£20.00 + £4.65
Distant Healer	£20.00 + £4.65
Trainee Contact Healer	£20.00 + £4.65
Trainee Distant Healer	£20.00 + £4.65
Practitioner/Therapist	£20.00+Own ins.
Friend Member	£10 Nil ins.
Initial Registration	£8

Please send Cheques to the Subscriptions Secretary, payable to BMS-IHF.

Meditation transcends the senses. With the mind made serene by such meditation, one can bravely enter the activities of life.

Reflection of the sun shining in the sky can be seen in the oceans, rivers, lakes and wells. Although the reflections are varied, there is only one sun. The Divine is present in man like the unseen thread that holds a garland of gems together. The entire Cosmos is permeated by the Divine and is the visible manifestation of the Divine. Nothing in the world, no object, no human being, no creature, can be found wherein God is not present. There is only one God and he is Being-Awareness-Bliss ('Sath-Chith-Ananda').

(Sri Sathya Sai Baba)

Truth, right living, peace, love and non-violence are the five human values to be cultivated by the human being. You should learn all about these human values and put them into practice. Then your journey through life will surely become smooth and peaceful.

Peace is within you. Outside, there are only pieces.

Truth is eternal and is within you. It is only when you follow this eternal truth that your name will remain in the annals of history forever.

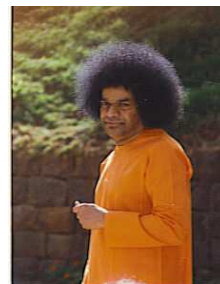
Eternal truth will earn eternal peace for you.

God is present in every human being as a seed. For a seed to become a plant, earth and water are essential. Likewise for a seed in man to grow and blossom into a flower of Being, Awareness, Bliss, it needs devotion, faith and earnestness. It is not enough if one merely turns the mind towards God; one must endeavour to experience the presence of the Divine in every particle and at every moment. One must fill the mind with pure and sacred thoughts.

Man did not come into this world to eat, sleep and indulge in sensory pursuits. He has come to manifest the Divine in himself. For this purpose, he has come endowed with the body, mind plus the intelligence needed to control them and divert his energies into useful channels of activity. This must be achieved by steady pursuit of morality (Dharma) and good deeds (Karma).

(Sri Sathya Sai Baba)

(editor's note: the words Dharma and Karma have other shades of meaning, as do English words)



Cherokee Wisdom
Two wolves

One evening an old Cherokee told his grandson about a battle that goes on inside people.

He said

"My son, the battle is between two 'wolves' inside us all.

One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith."

The grandson thought about it for a minute and then asked his grandfather "Which wolf wins?"

The old Cherokee simply replied "The one you feed."

(the internet- A.Si.)