



AGM & SEMINAR 22 May 2005: HORSHAM PARK BARN, North St.– see leaflets

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The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honours the servant and has forgotten the gift. (Albert Einstein)

The Law of Cause and Effect (or Karma)

At all times we are making karma – sometimes good, sometimes bad.

I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavour. (Thoreau)

As you sow, so shall you reap

It is the nature of the human condition that we become ill or disturbed from time to time. If illness symptoms manifest, what is the cause? Is it an infection, or is it something deeper? If the symptom is given a name; it can blind one to the real hidden cause, the dis-ease which until it is dealt with, will continue to cause problems. What problems are you still struggling with? Why? Watch your reactions and ask in meditation what are the hidden attitudes causing them.

All creation comes from thought – retrain your thought processes, your emotions, your ego.

Why did you come to the earth?

What family conditions did you enter into? What problems did your mother have, and her mother, father, and their mothers and fathers? Go back and back into their history. What problems did your father have, and his mother, father, and their mothers and fathers, and further ancestors? Life is a continuum. You have not only come to the earth with your own ancient history, you have agreed to come into the ancient history of your family, nation and the Earth itself. Your soul's history is in your many levels of consciousness, your physical history has come through the mineral, vegetable and animal kingdoms before you entered the kingdom of humanity. Which kingdom is your main affinity – do you love the earth, water, forests, animals, people – which of these inspires your main activities? How is your life now? How well have you come through so far?

Dis-ease is disorganised energy.

What disorganisation is there in your past lives –or in this one? It doesn't matter what those lives were, it is the spiritual lessons which count. Are you having difficulty in learning to share? Is your problem ego, pride, envy or hate? Is it too many emotions and anger? Have you been overworking and become vulnerable to infection?

If you watch your outer reactions you will find the inner attitudes that are causing the problems.

Do you feel that other people are better than you? Do you feel superior? Is one of these your problem? Why? What is the cause? Who said what when you were a child? We are shaped by our environment, family, friends, teachers, work. We 'put on a mask' so that we belong to the flock (the way we dress and behave).

Each soul on the earth is equal in the sight of God and has an equal right to evolve.

Some are less experienced than others, but no one is better than other people. They only perhaps have more lives behind them – there are new souls and old souls. Observe carefully your babies, children, adults. Where have they come from, done – what is their destiny? God loves all life forms. Re-train yourself.

The consciousness of God is the Christ consciousness; the Christ consciousness is God. It is present in each one of you. Know your True Self!

God is in you and you are in God. Go into your inner temple in your heart centre and find your True Self. Listen to your own inner voice of wisdom, of all experience, the voice you know as your Conscience. Con-Science. Go into that place every day. God is not outside of you –there is no need to go rushing off to this or that place to find God.

Travel only to your inner True Self within your heart. Always there to guide you, lead you, hold your hand, carry you when necessary, with all the love of the cosmos. God loves you; you are a part of God so why do you suffer so? There are so many unnecessary misunderstandings in life, so when there is a problem ask yourself, "What is the cause? When a problem arises, ask in meditation "How can I overcome it?"

Listen to your heart as well as your head.

Stop! Listen to the stillness and the peace in the atmosphere, the Universal Presence. The Christ consciousness which entered into the man Jesus. This Presence is always with you. Allow the inner voice of your True Self to lead you forward. Breathe your base energy up your spine and into your head above and then down again. Ask that the Christ consciousness shall rise up your spine, up through the chakras. Aim ever higher in your progress as the years go by. "Lord" equals the Great Laws. Say "Lord, please help me, lead me on, show me the way. May I earn the grace of wisdom. Help me to shine your Light before others, so they too may come out of the darkness, and into the light of the future of themselves and the world"

Mind over matter!

You are a co-creator with God.

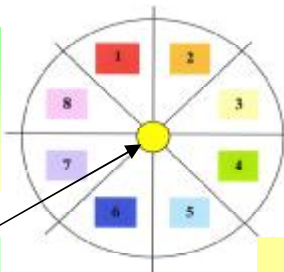
You make your life and problems through misunderstandings and mistakes. Let go of the unnecessary past, open your hearts and your minds, do good, be good. In this way you can overcome negative Karma.

William

CONSCIENCE – con-science

'con' from the Old French 'conduire'
'cond' from conduct, guide
'con', nautical = direct the steering of a ship

Conscience is inside our heart centre



- 1 – Consciousness (waking)
2 – Sub-consciousness ('filing')
3 – Deep-consciousness (sleeping)
4 – Karmic
5 – Deep-Karmic
6 – Soul
7 – Spirit
8 – Cosmic

Consciousness is the outside all around us

Tsunami

Healers will have been sending up their thoughts and distant healing to the victims of the disaster and to the survivors who have to try and rebuild their lives. The devastation caused by the earthquake and resulting Tsunami will have long-lasting effects over a wide area, and we urge all Healers and non-Healers to continue sending their love and healing thoughts to everyone in the stricken regions and to all those tourists who were caught up in events beyond their control.

Spiritual Healing N.O.S

(National Occupational Standard)

Skills for Health, the Government approved standard setting body for health sector professionals has developed, with the help of Spiritual Healers from UK Healers, draft National Occupational Standards for Spiritual Healing.

The draft standards were put to public consultation through a series of workshops during November 2004 and the consultation phase closed on Christmas Eve 2004. Healing Today hopes to be able to report on the outcome in the next issue.

Complementary Medicine in Primary Health Care

The final Report from the University of Westminster to the Department of Health and the Kings Fund was issued in October 2004.

The Report addresses how to increase patient, carer and user involvement and the need for practitioners of Complementary and Alternative Medicine (CAM) to engage with Primary Care Trusts to redesign the services provided. The report also offers guidance on developing a broad evidence base for CAM services. This is directed primarily at therapists and professionals providing CAM services or who are developing integrated services. The thrust of the report which provides a vision of a better NHS is that the integration of CAM into mainstream NHS services should aim to increase patients' choice of cost-beneficial treatment options.

Copies of the full Report and Executive Summary can be obtained online in pdf format via www.wmin.ac.uk/sih/cgcam or hard copies can be requested by telephoning 0207 911 5000 ext 3921 or 3922.

Healers in the NHS Directory

Healers now appear in the NHS Directory published by the NHS Trusts Association and available to General Practitioners and Specialists (but not to the general public) both on-line and in hard copy form. This follows discussions with the National Federation of Spiritual Healers and the British Alliance of Healing Associations.

British Holistic Medical Association

The British Holistic Medical Association was formed in 1983 with the core purpose of promoting holistic practice in UK healthcare. BHMA is currently chaired by Professor David Peters who is also Director of Studies at the School of Integrated Health at the University of Westminster and the Association has recently launched a new website. www.bhma.org

NHS Improvement Plan

The NHS Improvement Plan and new Department of Health guidance sets out proposals to revive commissioning by individual general practices of health services in the NHS in England, individual general practices will have the opportunity to work with complementary therapists and healers should they so wish.

There are now guarantees of greater choice for all patients and, from 2008, patients will have unrestricted choices to see any provider meeting minimum quality standards and the NHS practice tariff.

The full report (329/7472/932) can be read on <http://bmj.bmjournals.com>.

Spiritual Healing and Cancer

Changes in quality of life for people with cancer are being investigated in a pilot study of people with cancer who are receiving Spiritual Healing from Healer Members of the National Federation of Spiritual Healers. The pilot study is currently taking place at Healing Centres in northwest London. Nine patients are taking part so far. It is intended that thirty patients will be recruited in total for the first phase. A second phase, to be supported by the National Federation of Spiritual Healers and involving healing in other settings, is proposed. The research team includes Brenda Peace, who is also a healer member of BMS-IHF.

An abstract of this research protocol has been published in Complementary Therapies in Medicine, Volume 12, Issue 2 - 3, June - September 2004, Page 153.

Scatter the seeds of love in dreary desert hearts; then sprouts of love will make the wastes green with joy; blossoms of love will make the air fragrant; rivers of love will murmur along the valleys and every bird and every child will sing the song of love.

(Sri Sathya Sai Baba)

- Of all the things that are, the most ancient is God, for He is uncreated.
 - The most beautiful is the Universe, for it is God's workmanship.
 - The greatest is space, for it holds all things.
 - The swiftest is mind, for it speeds everywhere.
 - The strongest, necessity, for it masters all.
 - The wisest, time for it brings everything to light.
- (Thales, c.636 – 546 B.C.)

Komikal

Kids



A mother was preparing pancakes for her sons, Kevin 5 and Ryan 3. The boys began to argue over who would get the first pancake. Their mother saw the opportunity for a moral lesson. "If Jesus were sitting here, He would say ' Let my brother have the first pancake, I can wait.'" Kevin turned to his younger brother and said, "Ryan, you can be Jesus!"

2 2 2

A Sunday school teacher asked her children, as they were on the way to church service, " And why is it necessary to be quiet in church?" One bright little girl replied, "Because people are sleeping."

BMS-IHF Subscriptions & Fees + Insurance

due annually on 1st April

If not paid within 4 months, it is illegal to display a BMS-IHF certificate

Full Contact Healer	£16 + 4.65
Distant Healer	£16 + 4.65
Trainee Contact Healer	£16 + 4.65
Trainee Distant Healer	£16 + 4.65
Practitioner/Therapist	£16 + Own ins.
Friend Member	£10 Nil ins.
Initial Registration	£8

BMSI-IHF Data Protection Regn. No. PZ656262X



BMS-IHF at the Good Health Show Live in Brighton, 20th to 21st November 2004.
Many thanks to the 18 members who gave up their time to support our stand and do what they do best – healing!

Jan 2005 

William was given another 6 month all clear from cancer