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✓ Horsham, Thursdays
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Our Life in Service to the Race

We enter into the New Year in a spirit of great anticipation. We then perhaps find that much of our time is taken up with activities and problems similar to those of the year which has just passed. Things may not have changed as much as we would wish. Yet if we compare our present situation with twelve months ago we can see a great difference, proving to us that day by day we are growing. We are caught up in the evolutionary process of the Law of Cause and Effect and even though progress may seem to be slow, we are being moved imperceptibly forwards in our incarnation. Accordingly, we need to try to leave the past behind and to allow the future to unfold little by little, to live in the Now. We must do the best that we can with each living moment.

The more we become balanced and quiet the more we notice what is thrown at us from day to day. This is partly to show us where we still need to change our ways, partly because each individual has their own path and does not always understand another person's path – and partly to contribute to the spiritual growth of the whole. Always remember that we have our being within one sea of consciousness and that information travels spontaneously and immediately to all. When there is a difference of opinion we must do our utmost to continue to send out unconditional love, in the hope that clarity and understanding may come.

"If people knew how hard I work to gain my mastery, it would not seem so wonderful at all."

(Michelangelo 1475-1564)



It is the mud of daily existence that feeds the root of the spiritual flower.

(Author unknown)



Two people may interpret the same word quite differently, because we have travelled along a unique path. On occasion, one person may claim that we have said something which we were not aware of having said, because of their need to hear words in a certain way. This applies particularly to the field of Healing. It is surprising and helpful – sometimes alarming – to discover the interpretation that other people place on our statements. In view of this, it is important for you to be clear in your intention when you are communicating to your patients. Thoughts are transmitted before words, so ensure that your thoughts are clear before you speak, in the hope that the patient does not misconstrue your message – or perhaps at a later date accuse you of saying something quite different to that which you intended to convey.

This applies particularly to Distant Healing. Our minds must be absolutely clear and concentrated on the person and the task. We need to remember that we are a channel and consequently to try not to place our own interpretation on an illness or on what needs to be done. In being a channel we are, as you know, an instrument. We connect the invisible worlds to the patient and let the invisible worlds decide what shall come through. We offer the person's name and if we wish to, we name their condition and location. We may perhaps decide the colour which we wish to transmit, but we need to be prepared to change the colour if we are shown an alternative. Above all, we need to stand aside and just be a channel for the work, as we seek to improve our contact and distant healing abilities.

May you all be helped and blessed in your work and may you know the deep satisfaction of being in Service to the Race
(William Lambert)

"Serve man until you see God in all men."
(Sri Sathya Sai Baba)

NEWS

National Occupational Standards

Work on developing a National Occupational Standard for Spiritual Healing is progressing. Tom Lane representing Skills for Health is co-ordinating the work and D G Associates, a private firm is funded by the Government to provide consultant input. The Spiritual Healing standards will have similar elements to those for other disciplines complementary to medical care. There will be no fewer than 10 different elements within the Standard. These cover everything from processing requests for healing through to evaluating the effectiveness of the healing and beyond that to helping the person who has received healing practise self care including breathing, relaxation and visualisation. Many healers might be surprised how many different elements are involved and already practised by them, perhaps unconsciously, when someone comes for healing.

At a meeting in London on 25 August representatives of various healing organisations together with Tom Lane from Skills for Health and Diane Grayston from D G Associates set about fine tuning the draft National Occupational Standards ready for consultation with Spiritual Healers generally. More details of this consultation will appear in a future issue of Healing Today.

Independent Assessing Organisations consider Spiritual Healing Awards

Representatives of three Awarding Bodies met with Spiritual Healers and representatives from Skills for Health and DG Associates on 25 August 2004 to explore the possibility that the Awarding Bodies might develop Independent Awards linked to the Spiritual Healing National Occupational Standard.

Much work has yet to be done but there is a real prospect of Vocational Related Qualifications (VRQ) in Spiritual Healing becoming available to all those who wish to gain them and are prepared to undertake the work involved.

The three Awarding Bodies represented at the meeting were ITEC, VTCT (the Vocational Training Charitable Trust) and City and Guilds. One or more of these may decide to develop a VRQ in Spiritual Healing.

When ships had sails, they used the trade winds to cross the ocean. Sometimes, when the wind didn't blow, the sailors would whistle to make the wind come. My brother said they would be better off eating beans. (Donald age 7)

THE DATA PROTECTION ACT

THE BMS-IHF COUNCIL & BMSI COMMITTEE WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, HEALING RELATED ORGANISATIONS eg BAHA or CHO.

BMS-IHF & BMSI are registered with the Data Protection Register.

BMS-IHF Registration Number is PZ656262X
BMSI Registration Number is PZ6562587

We are required to inform members annually that personal details are held on our database. Should any member object, their details can be removed. For further information please contact William P. Lambert.

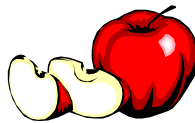
BMS-IHF Link Winter 2004



Diet Rules – if only!

A TONGUE-IN-CHEEK LOOK AT FOOD

1. If you eat something and no one sees you eat it, it has no calories.
2. If you drink a diet cola with a chocolate bar, the calories in the chocolate bar are cancelled out by the diet cola.
3. When you eat with someone else, calories don't count if you do not eat more than they do.
4. Food used for medicinal purposes never counts, eg. hot chocolate, brandy, toast, frozen cheesecake etc.
5. If you fatten up everyone around you, then you look thinner.
6. Movie-related foods (such as chocolate bars, candy or popcorn) don't have additional calories because they are part of the entire entertainment package, not part of one's personal fuel.
7. Biscuit pieces have no calories. The process of breaking the biscuit causes calorie leakage.
8. Things licked from utensils, such as peanut butter on a knife or ice cream on a spoon, have no calories if you are in the process of making something with them.
9. Foods that are the same colour have the same caloric value e.g. mushrooms and white chocolate or spinach and pistachio ice cream.



The divinity that is present in an ant is also present in a man. Likewise, difficulties are also common for all. The suffering that an ant undergoes is similar to that of man. When such a tiny creature like an ant is able to withstand suffering, why is it that man is not able to do the same? He has become a slave of his mind due to his wrong habits and food. That is the reason why he is unable to withstand suffering. We should face the challenges of life with fortitude. Never be cowed down by difficulties; transcend them. Only then can you attain God.

(Sri Sathya Sai Baba)

LIFE IS FOR LIVING PUBLIC EXHIBITION HORSHAM 27TH OCTOBER 2004



Some of those who gave healing, from R to L:
Diane Clarke, Brenda Richards,
William Lambert,
Valerie Jennings, Angela Savage



BMS-IHF Subscriptions & Fees + Insurance due annually on 1st April

If not paid within 4 months, it is illegal to display a BMS-IHF certificate

Full Contact Healer	£16 + 5.00
Distant Healer	£16 + 5.00
Trainee Contact Healer	£16 + 5.00
Trainee Distant Healer	£16 + 5.00
Practitioner/Therapist	£16 + Own ins.
Friend Member	£10 Nil ins.
Initial Registration	£8



Komikal Kids

A father was at the beach with his children when the four-year-old son ran up to him, grabbed his hand, and led him to the shore where a seagull lay dead in the sand. "Daddy, what happened to him?" the son asked. "He died and went to heaven." The dad replied. The boy thought for a moment and then said, "Did God throw him back down?"

..oOo..

A wife invited some people to dinner. At the table, she turned to their six-year-old daughter and said, "Would you like to say the Blessing?" "I wouldn't know what to say," the girl replied. "Just say what you hear Mummy say," the wife answered. The daughter bowed her head and said "Lord, why on earth did I invite all these people to dinner?"

I like mermaids. They are beautiful, and I like their shiny tails. How do mermaids get pregnant? (Helen age 6)

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