



BMS-IHF Trustees

Chairman Mr. William Lambert
PO Box 134, Horsham
West Sussex RH13 5FG UK
Phone: (0) 1403 255025
Fax: (0) 1403 268898
Email:
w.lambert.bmsi@tiscali.co.uk
Web Site:
www.geocities.com/bmsiuk/ihf

Vice-Chairman
Situation vacant

Honorary Secretary
Mrs. Valerie Jennings
21 Broomfield Drive, Billingshurst
West Sussex RH14 9TR UK
Phone: (0) 1403 783 255

Honorary Asst. Secretary
Mrs. Angela Savage
PO Box 134, Horsham
West Sussex RH13 5FG UK
Phone: (0) 1306 628 008
Email: AngeScorpio@aol.com

Treasurer & Subscriptions Secretary
Mrs Angela Savage (as above)

Membership Secretary, Healer Referral, Database & Website
Mr. Simon Blackwell
33 Mapledown, Southwater
Horsham, W. Sussex RH13 9UL
UK Phone: (0) 1403 731476
Mobile: (0) 7980 896 832
Fax: (0) 7970 026399
Email: simon@pdispirit.com

Councillor Mrs. Jennifer Jones
56 Grebe Crescent, Horsham,
West Sussex, RH13 6ED UK
Phone: (0) 1403 266 800

Councillor Mrs. Wendy Chatfield
14, Hambrook, Folders Lane,
Burgess Hill, West Sussex
RH15 0DT UK
Phone/Fax: (0) 1444 241 859
Email:
wdchatfield@madasafish.com

Councillor Mrs. Florence Oliphant
14 Amberley Close, Burgess Hill
West Sussex RH15 8JB UK
Phone: (0) 1444 244 868

Councillor Mrs. Brenda Richards
Brookbridge Farm
Wisborough Green, Billingshurst
West Sussex RH14 0DL UK
Phone: (0) 1403 700 264

Editor & Public Relations
Situation Vacant

Training Advisor
Ms. Kirsty von Bock
Phone: (0) 1293 552600
Email: kirsty.von_bock@virgin.net

Auditor Mrs J. Jakeman

Healing Clinic:

❖ **Horsham**, Thursdays
2.30-4.30 pm
Unitarian Church Hall, Horsham

(Crawley Clinic closed;
transferred to Horsham 01.09.04)

HEALING, CHALLENGE & CHANGE will bring out your POTENTIAL

The Earth is in the midst of a time of great change. We find ourselves in stormy waters and life is not so calm and peaceful as it used to be. It is important that we gather together from time to time in our safe harbour with like-minded friends, in order to find our inner centre of stillness, to re-establish our sense of security. We know in our hearts that we still belong to the same family, or group, which is working to take healing into the New Age.

It is inevitable that at the birth of this new Millenium that our lives will become more turbulent. The pressures of life and work now are such that routines need to be adapted to fit the ever-changing needs of the moment. Accordingly, we have to try to be as flexible as possible and to think of others and of how our thoughts and actions affect them, visibly and invisibly. Being flexible involves being willing to alter previous comfortable patterns and to gracefully accept the challenge to integrate the new order of things. This process brings out our true potential.

Each one will tend to feel more and more that we are standing alone, even within a successful partnership. The message of the 1900s has been "standing alone; self-responsibility", for in numerology $1 + 9 = 1$. This theme will become stronger during the next few years because humanity is at a point of maximum pressure. The "2" of 2000 calls for partnerships and harmony, unity in diversity. This is a testing time. In order for us to be able to negotiate this period, we need to develop a sense of mutual trust. We need to be reassured that we all still love each other unconditionally and that we belong together as a group, all pulling in the same direction, for the same high purpose, which we have been called upon to serve.

We have been building strong foundations and spiritual attunement. It is inevitable that we shall be challenged and that at times we will feel bewildered, lost and uncertain what to do. Yet the sense of being isolated and of standing alone is an illusion. When one sees what others are going through, one recognises that we are all in the same stormy waters together.

Our new way, has to be built step by step, as we 'live in the NOW'. Every day is a new challenge. Do not feel alone in your bewilderment. We are all spiritual pioneers and it is in the nature of pioneering that one begins to feel as if walking through a strange landscape without a map. We are finding the way for those who come behind. We have been chosen to do this not only by people on the earth, but also by those in the higher worlds. We work together in a democratic way, as a team, each member has their allotted task, which contributes to the work of the whole. All are equal in the sight of God; all have an equal opportunity for growth, challenge and change. We evolve forwards, onwards and upwards into the future not only of ourselves, but only of our group and community, but of the whole healing movement and humanity. All is One.

The New Millenium momentum is gathering pace all the time. We shall feel at times as if we are being rushed along, not knowing properly what we are supposed to be doing. We need to take advantage of quiet times when the opportunity arises. Each one needs to establish peaceful interludes. Although these may not be at a regular time, try to give yourself space each day in which to pause and to reflect, or to meditate. Be patient with yourself, work with all others concerned, speak up when you have a problem, because everyone else is over-busy and may not have the time that they once did to think about others. This is all part of the self-responsibility which you are learning at present.

If you are going to be a "way-shower", then later on you will be on your own, out there in the wider world, having been prepared in the University of Life, for service to others.

The healing movement is growing enormously and when a condition can be treated in natural ways, increasing numbers of people are turning to us to complement the use of drugs and surgery. Humanity as a whole is returning to a more natural way of living; using natural methods of looking after the body, such as drinking pure water, fasting, eating "whole food" or organic fresh fruit and vegetables, walking by the sea or in forests where the air is clean and so on. This approach is combined with the natural therapies, which are gentle and non-invasive.

Humanity is moving into a greater spiritual awareness and attunement. There will be so much change that in twenty years time it will seem as if a hundred years have passed, so much will have altered. It is not easy for any of us and let us not pretend that it is. This makes it all the more important for us to be tolerant and to support each other, as equal members of a team, to go forward together, for the good of the whole.

May you be helped to find your place in this; your way; your future. May you come to know yourself and to find God; the Divinity within your own heart centre. May you find your own inner voice of conscience, the inner knowing of your own True Self.

Let us all go forward together, with heads held high, offering friendship to each other and supporting each other in the team work that is necessary for the survival of humanity.

You are loved, you belong, you are wanted. There is a task for you to do.

YOU ARE INVITED TO OUR CHRISTMAS CANDLELIGHT MEDITATION & PARTY



To be held



at Friends Meeting House Worthing road Horsham



On Monday 6th December 2004 7.30-9.30pm.

(William Lambert)

"Serve, because there will be no peace in your heart unless you Serve; it is kinship with all Life."

(Sri Sathya Sai Baba)

HARRY OLDFIELD AT SUMMER SEMINAR

By Jacque Blackwell

"Matter is pinched up light." -- Harry Oldfield

This simple yet profound scientific theory is typical of the author's style. Harry Oldfield delivered an insightful message on rebalancing human energy on Sunday, 27th June at the Old Town Hall in Horsham, as he was the featured speaker of BMSI's annual summer seminar. His gentlemanly manner and charismatic way gained instant rapport with the audience of 35+ healers as he showed slides and consistently spoke of the 'invisible universe'.

Harry's invisible universe refers to the energy field that surrounds all objects of matter; human beings, plants, animals – even dirty pond water. These energy fields are extremely complex, alive, vibrant and variable. In the case of animate objects they contain information about the physical, mental, emotional and spiritual well being of the creature. As healers we are generally able to intuit this information when working with a patient. Harry admits that he cannot personally sense these things. So being the *scientific* healer he is, Harry looks for imbalances in the energy field using an Electro-Scanning Method (ESM) – a three-dimensional photography tool that he developed. While using ESM, Harry found the human energy field to be like a network of energy points with which the physical molecules of the body are aligned. He consistently found energy concentrations in seven places around the body and therefore rediscovered the chakra system of ancient ayurvedic medicine.

Once energy imbalances are identified, he relates them to health problems in the physical body and applies crystals to restructure and heal the energy field. As we know, crystals amplify, transform, store, focus and transfer energy. Being Harry however, he doesn't use just any crystals – but crystals pulsed with a higher frequency of the same electromagnetic stimulations found in medical x-ray machines – giving their properties a greater charge. That's how Harry Oldfield's Electro-Crystal Therapy (EleCT) works.

Harry's unique contribution to natural healing is being able to scientifically reveal immediate information and achieve accurate healing results using the equipment and techniques he invented. He experiences the same information and outcomes that are acquired through ancient healing practices. For more information on Harry Oldfield's work please visit www.electrocrystal.com or call 020 8841 1716.

Useful websites:

Body Mind and Spirit Directory (Worldwide):
http://members.nuvox.net/~on_source/
www.apnt.org.uk Assoc. of Physical & Natural Therapists
www.art4healing.co.uk Art assisting healing process
www.bahahealing.co.uk/index.htm
www.canceractive.com
www.care2.com/channels/solutions/home/888 Healthy Home
www.confederation-of-healing-organisations.org
www.em-hazard-therapy.com Electromagnetic Hazards
www.foe.co.uk Friends of the Earth
www.harryedwards.org.uk
www.healing-echo.org
www.icomag.co.uk
www.ihn.org.uk International Health Network
www.mvc.co.uk
www.naturalproducts.co.uk
www.parliament.uk House of Lords, Science & Tech. Committee re 'CAM' (Complementary and Alternative Medicine)
www.sussexac.free-online.co.uk
www.ukhealers.info/
www.vegoc.org Vegetarian Society info healthy diet
www.wellnessgoods.com/messages.asp Miraculous Messages from Water
www.westsussexcarers.org.uk

THE DATA PROTECTION ACT

THE BMS-IHF COUNCIL & BMSI COMMITTEE WILL NOT SANCTION PERSONAL DATA BEING PASSED TO OUTSIDE BODIES OTHER THAN, POSSIBLY, HEALING RELATED ORGANISATIONS eg BAHA or CHO.

BMS-IHF & BMSI are registered with the Data Protection Register.
 BMS-IHF Registration Number is PZ656262X
 BMSI Registration Number is PZ6562587

We are required to inform members annually that personal details are held on our database. Should any member object, their details can be removed. For further information please contact William P. Lambert.

Samuel Johnson on Friendship

"If a man does not make new acquaintances as he advances through life, he will soon find himself alone. A man should keep his friendship in constant repair"

BMS-IHF Subscriptions & Fees + Insurance

due annually on 1st April

If not paid within 4 months, it is illegal to display a BMS-IHF certificate

Full Contact Healer	£16 + 5.00
Distant Healer	£16 + 5.00
Trainee Contact Healer	£16 + 5.00
Trainee Distant Healer	£16 + 5.00
Practitioner/Therapist	£16 + Own ins.
Friend Member	£10 Nil ins.
Initial Registration	£8

Please send Cheques to the Subscriptions Secretary, payable to BMS-IHF.

The New EU mainland BMSI Centre

Situated in Graz, Austria, in a large wooded garden.

Improvements to the garden are taking place



The entrance



The Centre



The Seminar & Healing Room with corner for sitting



Thank you:

We wish to thank Florence Oliphant for her splendid and loyal work as a mentor to Trainees. Florence will continue as a member of the BMS-IHF Council.



Man seeks to change the foods available in nature to suite his tastes, thereby putting an end to the very essence of life contained in them.

(Sri Sathya Sai Baba)

Lay vs Medical Terminology

Fast pulse	Tachycardia
Housemaid's knee	Prepatellar bursitis
Squint	Strabismus
Bunions	Hallux Valgus
That dent in the middle of the chest	Xiphisternum

CHAT ROOM ACRONYMS

RTM	read the manual
RYS	read your screen
FAQ	frequently asked questions
BRS	big red switch
IRL	in real life
MOTD	message of the day
TPTB	the powers that be
SLM	see last mail
PDS	please don't shout
TSR	totally stupid rules
RHIP	rank has its privileges

Komikal Kids

"I had been teaching my 3 year old daughter, Caitlin, the Lord's Prayer at bedtime. She would repeat after me the lines of the prayer. Finally, she decided to go solo. I



listened with pride as she carefully enunciated each word right up to the end of the prayer: "Lead us not into temptation," she prayed, "but deliver us some E-mail..."



Another 4 year old prayed: "and forgive us our trash baskets, as we forgive those who put trash in our baskets!"

William's Health

Another 'all clear' was given following a scan and examination at the end of July

FAMOUS LAST WORDS

ARNOLD BENNETT Everything has gone wrong, my girl.	CHARLES FOSTER KANE Rosebud
JANE AUSTEN (Is there anything you require?) Nothing but death.	OSCAR WILDE Either that wallpaper goes, or I do.
GUSTAV MAHLER Mozart!	NOEL COWARD Good night, my darlings, I'll see you in the morning.